

seca 203 & seca 201

Ergonomic Measuring Tape



- Retractable measuring tape for precise body measurements.
- WHR calculator for quick determination of body fat distribution (only 203).
- WHR scale of metal for long life (only 203).

seca 203 & seca 201:

Two high-quality medical products.

If you're in search of a measuring tape that is a cut above the rest, then look no further. The seca 203 and 201 have high quality mechanics with millimeter markings that accurately measure to five millimeters.



seca 203:

The seca 203 also has an extra instrument to calculate the Waist-to-Hip Ratio (WHR). This ratio is an indirect method of determining the amount of fatty tissue in the abdomen and consequently, the distribution of fat reserves. The highquality scale is made of metal so that you'll be able to depend on this valuable additional function for a long time.



Millimeter graduation for accurate measurements.

seca 201:

The seca 201 is a true medical product. It's very easy to pull out the tape, which just as easily clicks back into place. Handling is extraordinarily convenient. Made of durable

materials, the scale features a tape with a top measurement of 205 centimeters and its own low weight of only 50 grams.



seca 203:
Display to determine body fat distribution.

seca 201:
High-quality materials for precise functionality.



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Technical data

seca 203:

- Measurement range: 0–80" / 0–205 cm
- Division: 1 mm
- Diameter: 70 mm
- Height: 28 mm
- Weight of device: 0.2 lbs / 70 g
- Function: WHR calculator

seca 201:

- Measurement range: 0–80" / 0–205 cm
- Division: 1 mm
- Diameter: 70 mm
- Height: 22 mm
- Weight of device: 0.1 lbs / 50 g