

MOBI Health

Arm Blood Pressure Monitor

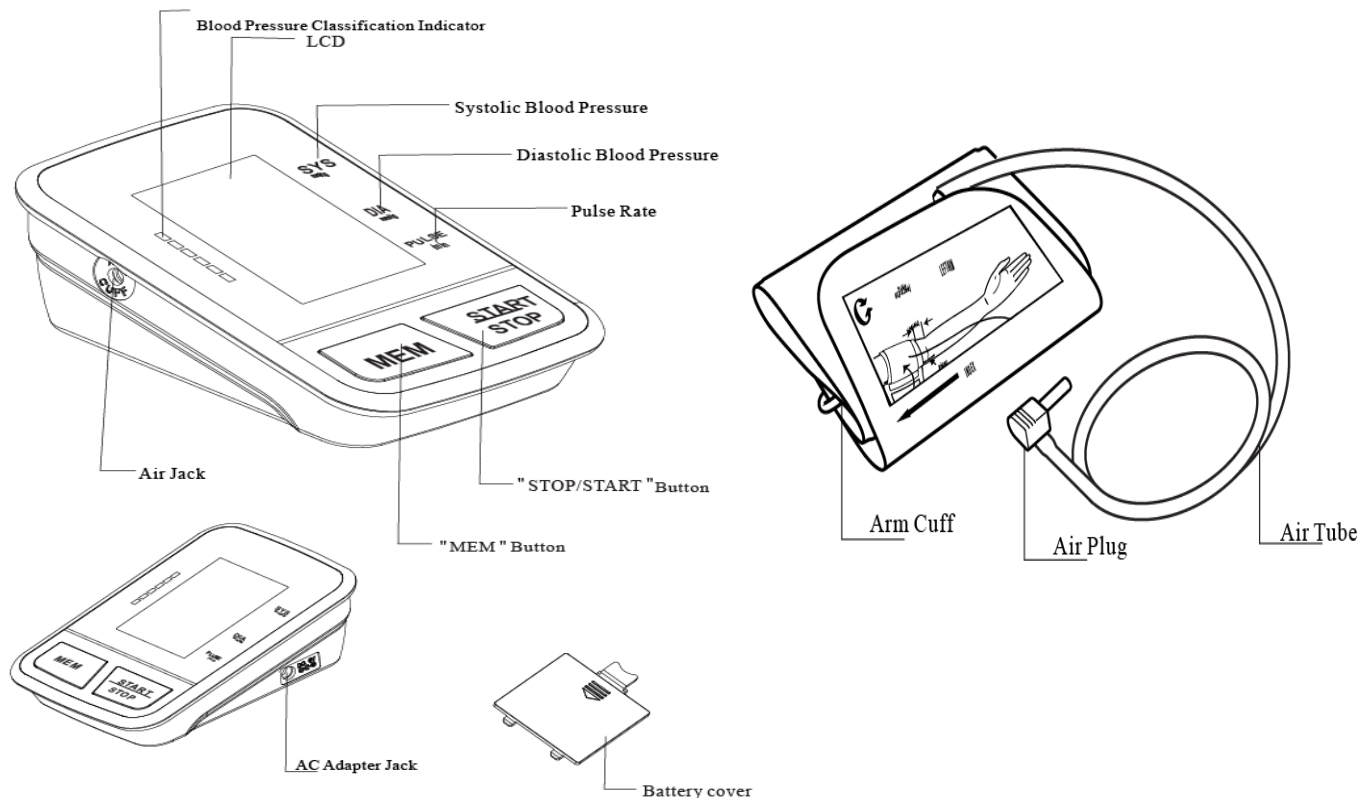
Instruction Manual

Please read this instruction manual completely before operating.

Quick Start

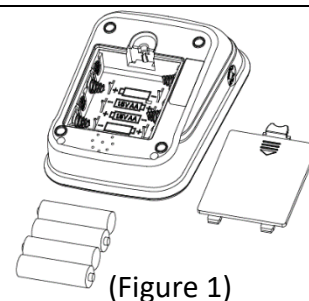
1. Install the Batteries
2. Remove clothing from the arm area
3. Rest for several minutes prior to testing. Wrap the Arm Cuff around left-hand arm.
4. Sit in a comfortable position and your feet flat on the floor uncrossed.
5. Press "START/STOP" button to start testing.
6. Avoid any movements or talking until the operation is completed
7. The screen will display measurements for Systolic and Diastolic blood pressure.

Product Specifications



Installing/Replacing Battery

- Slide battery cover off as illustrated in Figure 1.
- Install 4 new AAA alkaline batteries according to polarity.
- Close battery cover



(Figure 1)

System Settings

1. Time / Date Setting

- When the unit is powered off, press "START/STOP" button for 3 seconds to enter settings for Time/Date mode as illustrated in Figure 2.
- Set the month first by adjusting the "M" button. Press "SET" button again to confirm current month. Continue setting the day, hour and minute in the same way.
- Every time the "SET" button is pressed, it will lock in your selection and continue in succession (month, day, hour, minute.)

2. Save Settings

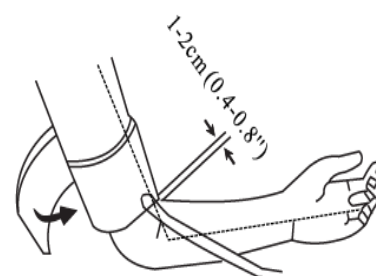
- While in any setting mode, press button to turn the unit off. All information will be saved.



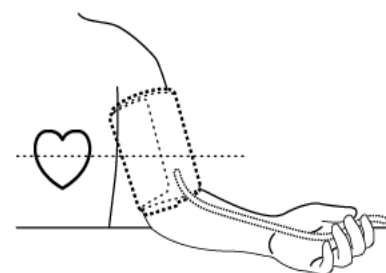
(Figure 2)

Applying the Arm Monitor

- Firmly insert air plug into opening located on left side of monitor unit.
- With sticky nylon section facing outward, insert end of cuff underneath metal ring of cuff.
- Fasten cuff about 0.4-0.8" above the elbow joint. For best results apply cuff to bare arm and keep level with heart while testing.
- Apply monitor to arm as illustrated in Figure 5. Tighten cuff firmly so it doesn't wiggle.
- For more accurate results, do not stand while testing. Sit in a comfortable position with back supported, feet flat on the floor with legs uncrossed. Place middle of the cuff at the same level of heart as illustrated in Figure 5. Avoid any movements or talking until the operation is completed.



(Figure 3)



(Figure 4)

Testing

1. Press START/STOP button to turn the unit On. The LCD screen will appear for one second as unit performs a quick diagnosis. A long tone will indicate when unit is ready for testing.

Note: Unit will not function if residual air from previous testing is present in cuff. The LCD will flash "  " until pressure is stabilized.

2. Pressurization

The unit will automatically inflate to the proper pressure level and stop inflating. During this time, avoid any movement or talking until operation is completed.

Note: Pressurization will gradually subside and ultimately stop when cuff is not properly applied to the arm.

If this occurs, pressing "START/STOP" the button to turn the unit off.

3. Testing

After cuff inflation, air will slowly subside as indicated by the corresponding cuff pressure value. A flashing "  " will appear simultaneously on screen signaling heart beat detection.

Note: Remain relaxed during testing. Avoid speaking or moving body parts.

4. Result Display

Three short beeps sound when testing is complete.

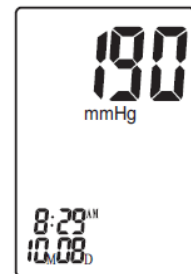
The screen will display measurements for Systolic and Diastolic blood pressure. An indicator representing, the current measurement will appear next to the corresponding WHO Classification.

5. Irregular Heartbeat Indicator

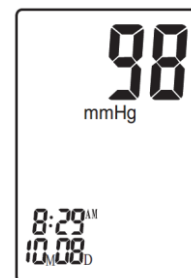
If the monitor detects an irregular heart rhythm two or more times during the measuring process, the Irregular Heartbeat Symbol "  " appears on screen along with measurement results. Irregular heartbeat rhythm is defined as rhythm that is either 25% slower or faster than the average rhythm detected while measuring systolic blood pressure and diastolic blood pressure. Consult your physician if the Irregular Heartbeat Symbol "  " frequently appears with your test results.



(Figure 5)



(Figure 6)



(Figure 7)

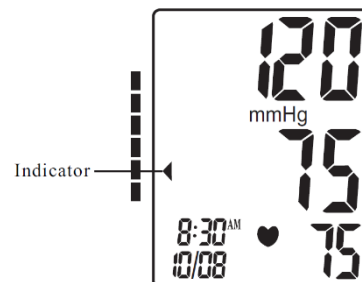
6. Storing Test Results

will automatically be stored by date. If the number of tests surpasses the allotted 120 memories, the most recent tests will appear first, thus eliminating the oldest readings.

Power Off

- The "START/STOP" button can be pressed to turn off the unit in any mode.
- The unit will turn off automatically if not being used for 3 minutes.
- If the number of tests surpasses the allotted 120 memories, the most recent tests will appear first, thus eliminating the oldest readings.

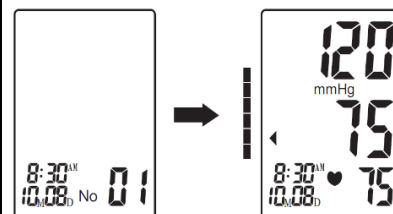
Safety Precaution: If pressure in cuff becomes too extreme while testing, press the "START/STOP" button to turn power off. The cuff pressure will rapidly dissipate once the unit is off.



(Figure 8)

Memory Check

- When the unit is powered off, press and hold "MEM" button to turn the unit on. The LCD will display the average test results from the last 3 readings. Press "MEM" button again, the LCD will display the last measurement memory. Older test result in memory can be viewed



(Figure 9)

Memory Deletion

- While in memory check mode. Press "START/ STOP" and hold on for about 3 seconds to delete all history results and the LCD screen display " - - - " with beep sounds. Then press "START/ STOP" button to turn off the unit.



(Figure 10)

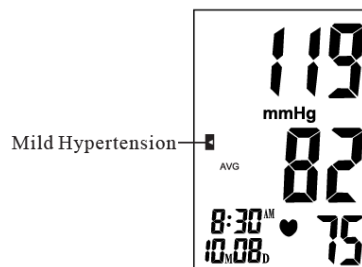
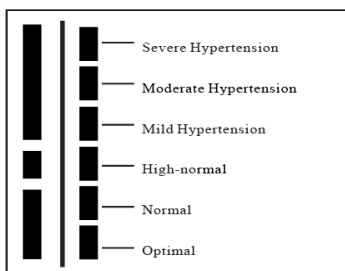
Note: Memory cannot be recovered once it has been deleted.

Low Battery Indicator

- Replace with fresh new batteries once the unit makes 4 short warning beeps and the "⚡" appears. No memory loss will occur throughout this process.

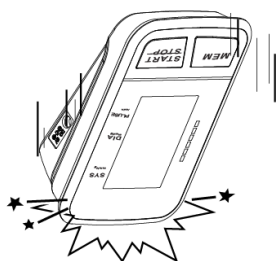
WHO Organization Blood Pressure Classification Indicator

- The MOBI Health Arm Blood Pressure Monitor is equipped with a classification indicator based on established guidelines from the World Health Organization.

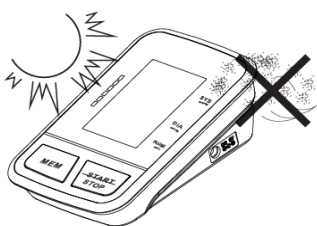


Maintenance

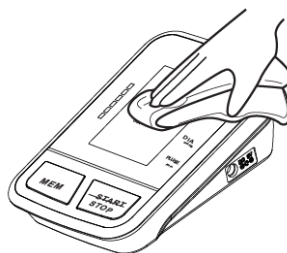
1. Avoid dropping, slamming, or throwing the unit.
2. Avoid extreme temperatures. Do not use outdoors.
3. When cleaning the unit, use a soft fabric and lightly wipe with mild detergent. Use a damp cloth to remove dirt and excess detergent.
4. Cuff Cleaning: Do not soak cuff in water! Apply a small amount of rubbing alcohol to a soft cloth to clean cuff's surface. Use a damp cloth (water-based) to wipe clean. Allow cuff to dry naturally at room temperature. The cuff must be cleaned and disinfected before use between different users.
5. Do not disassemble product.



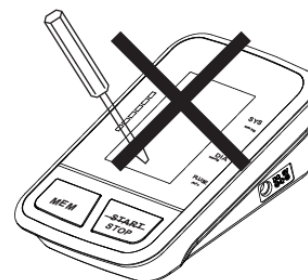
(Figure 11)



(Figure 12)



(Figure 13)



(Figure 14)

Limited Product Warranty

MOBI® warrants its products to be free from defects in material and workmanship for period of (2 Year) from the date of purchase. Should the product prove to be defective at any time during the warranty period, we would either replace or repair the product at our option without charge. After the warranty period, a service charge will apply for replacement of parts and labor costs. To obtain warranty service, you must return the product complete with its original parts & accessories along with a copy of the original purchase, gift or registry receipt to us. This warranty does not cover damage caused by any tampering, accident, misuse, abuse, improper maintenance, unauthorized modification, or connection to an improper power supply. There will be a charge for repair caused for such damage. This warranty excludes all incidental or consequential damages and any liability other than stated above.

Questions?

Please visit: www.getmobi.com

Email: service@getmobi.com

Call: +1(323)904-3000

Note:

For Detailed Instructional Manual please follow this link: <http://www.getmobi.com/users-manuals>

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