



# APEX-AT Athletic Scale Owner's Manual



#### INTRODUCTION

Thank you for purchasing our Detecto APEX-AT Athletic Scale. It has been manufactured with quality and reliability and has been tested before leaving our factory to ensure accuracy and dependability for years to come.

This manual is provided to guide you through the assembly and operation of your scale. Please read it thoroughly before attempting to assemble or operate your scale and keep it available for future reference.

This manual is for use with the following APEX-AT Athletic Scale models:

APEX-AT	APEX-AT-AC	APEX-AT-C	APEX-AT-C-AC
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#### Copyright

All rights reserved. Reproduction or use, without expressed written permission, of editorial or pictorial content, in any manner, is prohibited. No patent liability is assumed with respect to the use of the information contained herein.

#### **Disclaimer**

While every precaution has been taken in the preparation of this manual, the Seller assumes no responsibility for errors or omissions. Neither is any liability assumed for damages resulting from the use of the information contained herein. All instructions and diagrams have been checked for accuracy and ease of application; however, success and safety in working with tools depend largely upon individual accuracy, skill, and caution. For this reason, the Seller is not able to guarantee the result of any procedure contained herein. Nor can they assume responsibility for any damage to property or injury to persons occasioned by the procedures. Persons engaging in the procedures do so entirely at their own risk.

#### **FCC Compliance Statement**

This equipment generates, uses, and can radiate radio frequency, and if not installed and used in accordance with the instruction manual, may cause interference to radio communications. It has been designed within the limits for a Class A computing device pursuant to Subpart J of Part 15 of FCC rules to provide reasonable protection against such interference when operated in a commercial environment. Operation of this equipment in a residential area may cause interference in which case the user will be responsible to take whatever measures necessary to correct the interference.

You may find the booklet "How to Identify and Resolve Radio-TV Interference Problems" prepared by the Federal Communications Commission helpful. It is available from the U.S. Government Printing Office, Washington, D.C. 20402. Request stock No. 001-000-00315-4.

#### Contains FCC ID: 2ADHKWINC3400

- This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions:
  - (1) This device may not cause harmful interference.
  - (2) This device must accept any interference received, including interference that may cause undesired operation.
- 2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

#### **FCC Radiation Exposure Statement**

This equipment complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operated in conjunction with any other antenna or transmitter. This equipment must be installed and operated with a minimum distance of 20 cm between the radiator and the user body.

#### PROPER DISPOSAL

When this device reaches the end of its useful life, it must be properly disposed of. It must not be disposed of as unsorted municipal waste. Within the European Union, this device should be returned to the distributor from where it was purchased for proper disposal. This is in accordance with EU Directive 2002/96/EC. Within North America, the device should be disposed of in accordance with the local laws regarding the disposal of waste electrical and electronic equipment.

It is everyone's responsibility to help maintain the environment and to reduce the effects of hazardous substances contained in electrical and electronic equipment on human health. Please do your part by making certain that this device is properly disposed of. The symbol shown to the right indicates that this device must not be disposed of in unsorted municipal waste programs.



#### **CAUTION**



**CAUTION:** RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

**ATTENTION:** RISQUE D'EXPLOSION SI LA BATTERIES EST REMPLACE'E PAR UN TYPE INCORRECT. REJETEZ LES BATTERIES UTILISE'ES SELON LES INSTRUCTIONS.

#### TRANSPORTATION AND STORAGE



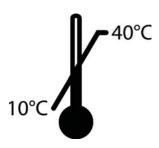
**Do Not Drop** 



**Keep Dry** 



**Handle with Care** 



**Temperature Range** 

Serial Number Date of Purchase
Purchased From
RETAIN THIS INFORMATION FOR FUTURE USE

PRECAUTIONS
Before using this scale, read this manual and pay special attention to all "NOTIFICATION" symbols:
IMPORTANT ELECTRICAL WARNING

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#### **SPECIFICATIONS**

Models:	APEX-AT (Battery Power)  APEX-AT-AC (AC Adapter Power)	APEX-AT-C (Battery Power with Wi-Fi and Bluetooth BLE)  APEX-AT-C-AC (AC Adapter Power with Wi-Fi and Bluetooth BLE)	
Capacity:	600 lb x 0.1 lb (300 kg x 0.05 k	g)	
Weighing/Height Units:	Pounds/Inch (lb, in) or Kilogram	ns/Centimeters (kg, cm)	
Platform Size:	17 in W x 17 in D x 2.75 in H (43 cm W x 43 cm D x 7 cm H)		
apex® Display Dimensions:	6.25 in W x 1.75 in D x 4 in H (16 cm W x 4.5 cm D x 10.3 cm	6.25 in W x 1.75 in D x 4 in H (16 cm W x 4.5 cm D x 10.3 cm H)	
Display Type:	Dual Row Seven Segment LCD		
Number of Characters:	Weight: 5 digits, 0.75 in (19 mm) high Height/BMI: 4 digits, 0.4 in (10 mm) high		
Keys:	Mechanical switch type, Power, Lock/Release, Zero, Up Arrow, BMI/Enter, Down Arrow/Print		
Power Requirements:	Battery Models: 12 AA cell Alkaline, Ni-Cad, or NiMH batteries ( <i>not include</i> )		
	AC Adapter Models: 100 to 240V AC 50/60Hz 12V DC 1 A wall plug-in UL/CSA listed AC power adapter (Cardinal part number 6800-1045)		
Operating Environment:	Operated Temperature Range: 14 to 104 °F (-10 to +40 °C) Humidity: 0 to 90% non-condensing		
Communication Interfaces:	RS232, USB, Wi-Fi, Bluetooth		
Certification:	NTEP		

#### **Standard Features:**

- Power-Up Zero
- Auto Weight Lock Feature
- 1 RS232 Serial Port
- 1 Micro-B USB Port
- StableSENSE® <sup>1</sup> Adjustable Filtering Bluetooth (BLE) / Wi-Fi on APEX-AT-C and APEX-AT-C-AC

#### **Optional Features:**

• Optional 12V DC AC Power Adapter

<sup>&</sup>lt;sup>1</sup> StableSENSE® is a digital filter utilizing a proprietary software algorithm that removes or greatly reduces changes in the weight display resulting from movement on the scale platform. When used with clinical scales, it will lessen the effects of the patient's movement or vibration on the scale.

#### SITE PREPARATION REQUIREMENTS

The Detecto APEX-AT Athletic Scale is a precision weight indicating instrument. As with any precision instrument, it requires an acceptable environment to operate at peak performance and reliability. This section is provided to assist you in obtaining such an environment.

#### **Environmental**

- · For indoor use only.
- Suitable for dry environments only RH < 90% and non-condensing environments.
- NEVER allow the scale to get wet.
- The scale meets or exceeds all certification requirements within a temperature range of 14 to 104 °F (-10 to +40 °C).

The scale should be placed out of direct sunlight and to provide adequate air circulation, keep the area around the scale clear.

Do not place the scale directly in front of a heating or cooling vent. Such a location will subject it to sudden temperature changes, which may result in unstable weight readings.

Ensure that the scale has good, clean AC power, and is properly grounded. In areas subject to lightning strikes, additional protection to minimize lightning damage, such as surge suppressors, should be installed.

#### **Electrical Power**

The Detecto APEX-AT Athletic Scale has been designed to operate from a 100 to 240V AC 50/60Hz 12V DC 1 A wall plug-in UL/CSA listed AC power adapter. Note that a special order is not required for operation at 230V AC.

- The socket-outlet supplying power to the scale should be near the scale and should be easily accessible.
- On installations requiring 230V AC power, it is the responsibility of the customer to have a qualified electrician install the proper power adapter plug that conforms to national electrical codes and local codes and ordinances.

#### **Electrical Noise Interference**

To prevent electrical noise interference, make certain all air conditioning and heating equipment, lighting, or other equipment with heavily inductive loads, such as welders, motors, and solenoids are on circuits separate from the system. Many of these disturbances can seriously affect the operation of the system. These sources of disturbances must be identified and steps must be taken to prevent possible adverse effects on the system. Examples of available alternatives include isolation transformers, power regulators, uninterruptible power supplies, or simple line filters.

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#### UNPACKING

Carefully remove the scale from the shipping carton and inspect it for any damage that may have taken place during shipment. Keep and use the original carton and packing material for return shipment if it should become necessary. The purchaser is responsible for filing all claims for any damages or loss incurred during transit. Remove all plastic wrapping, foam fillers, and cardboard material from the scale platform, display, and other components. You should have the following components:

- Scale Base with attached Display
- Scale Base Cover
- apex® Wall Mount Kit (part no.3300-0332-0A) which contains a bracket mounting template, two screws, and two wall anchors

#### **ASSEMBLY**

- 1. Place the scale base on a level floor.
- 2. Locate the two rectangular panels in the scale base. Refer to Figure No. 1.
- **3.** Referring to Figure No. 2, install the twelve AA-size batteries (six in <u>each</u> holder), noting the polarity markings located in the battery holder.





Figure No. 1

Figure No. 2

- **4.** To install the scale base cover, place one side of the cover on one side of the scale base. See Figure No. 3.
- 5. Referring to Figure No. 4, slightly twist one corner of the cover and the lower remaining side onto the base.



Figure No. 3

Figure No. 4

#### ASSEMBLY, CONT.

**6.** Referring to Figure No. 5, press down on the side of the cover until a clicking sound occurs indicating the cover is snapped in place.

**NOTE:** If necessary, tap the corners of the cover with the heel of your hand to ensure the cover snaps in place.

7. The scale is now ready for operation. See Figure No. 6.



Figure No. 5

Figure No. 6

#### MOUNTING THE DISPLAY

The display is provided with a bracket/stand (on the back of the display) for wall mounting or use on a table or shelf. A 72-inch cable allows it to be placed in a convenient position away from the scale. A wall mount kit, (part no.3300-0332-0A) which contains a bracket mounting template, two screws, and two wall anchors are included for mounting the display on a wall.

Regardless of how and where you mount the display, it should be in a safe area where it will not be in the way of normal traffic. The location chosen should be free of temperature extremes, and water and not in direct sunlight. It should be in a location where it is easily viewed and within easy reach of the operator. If wall mounted, make certain that the wall is of sufficient strength to support the display.

Follow the instructions below to mount the display on a wall.

- 1. Place the template from the kit against the wall and mark the holes to drill.
- 2. Remove the template, and drill two 3/16" holes in the wall for the anchors.
- Insert the two wall anchors from the kit into the drilled holes and push them in until they are flush with the wall.
- 4. Insert the two screws from the kit into the wall anchors and tighten them until there is approximately a 1/8" (3 mm) gap between the screw head and the anchor.



Figure No. 7

**5.** Place the large end of the slotted holes in the bracket over the screw heads, and gently pull down to secure the bracket and display to the wall.

#### WEIGHING UNITS SELECTION

## NOTE! The following instructions apply to all models of the APEX-AT Athletic Scale.

When the scale is powered on for the <u>first</u> time, it will display a prompt to select the weighing units to use, pounds (lb) or kilograms (kg). The weighing units selection can **ONLY** be made at this and cannot be changed afterward. Make sure you select the correct weighing units before proceeding.



IMPORTANT! Make sure you select the correct weighing units. Once the weighing units has been set, it cannot be changed.

- 1. Press the  $\circlearrowleft$  key to turn the scale on.
- 2. A display test will be performed (all digits on the weight display will turn on), then change to show the software version for a few seconds, and finally, the display will change to show Un It with the lb annunciator (factory units setting) flashing.
- 3. If the lb (pounds) units setting is acceptable, press the 

  key to save it, and then proceed to step 5.
- **4.** Otherwise, press the  $\hat{\mathcal{D}}$  or  $\mathcal{J}$  keys to toggle the weighing units from lb (pounds) to kg (kilograms), and then press the  $\longleftarrow$  key to save it.
- **5.** The display will change to show @.@, with the →0← (ZERO), the  $\blacktriangle$  (STABLE) and the kg annunciator will be turned on.
- **6.** The scale is now ready for operation.

#### INTERCONNECTIONS

The output connection to the scale is made on the back of the scale display. On models with the AC power adapter, the connection for the power adapter is located on the left side of the display bracket/stand.

#### **AC Power Adapter**

To power the scale using the 12V DC wall plug-in UL/CSA listed AC power adapter, connect the plug from the adapter to the power jack on the left side of the display bracket/stand, and then plug the power adapter into the proper electrical outlet. On models requiring 230V AC, it is the customer's responsibility to obtain the correct power adapter plug for the outlet.

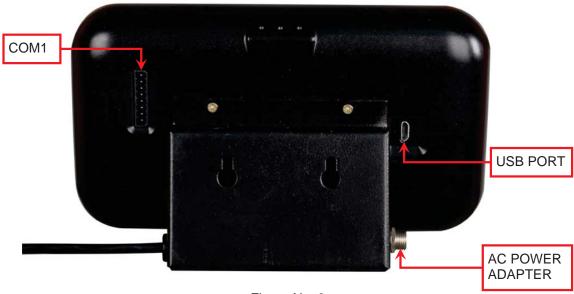
#### **USB**

The USB port on the APEX-AT Athletic Scale is a device (or upstream) port and uses readily available cables with the industry standard "Micro-B" connector.

The USB port may be connected to a computer for transmission of weight and associated data to a PC-based EMR (electronic medical record) software program. The data can be transmitted on demand (pressing the  $\underline{\mathbf{o}}$  key) or on receipt of a command from the computer.

#### **RS232 COM Port**

The APEX-AT Athletic Scale display has one RS232 serial port on the back of the display. This port may be used to request and capture weight, send basic commands, or get diagnostics from the load cell. To use the port, an apex to PC serial cable can be purchased from the Cardinal/Detecto Parts Department at (800) 641-2045 or parts@cardet.com. The part number is 3300-0271-0A, APEX TO PC SERIAL CABLE (9-pin, D-Sub, Female Connector).



#### **BATTERIES**

The APEX-AT Athletic Scale can use twelve AA size Alkaline, Ni-Cad, or NiMH batteries (*not included*). You must first obtain and install batteries before operations can begin. Batteries are contained in two battery holders (six batteries in <u>each</u> holder) inside the scale base. Remove the scale platform cover to access the battery holders in the scale base.



**CAUTION!** The scale can be operated from Alkaline, Ni-Cad, or NiMH batteries. All twelve batteries must be of the same type. They must all be Alkaline, all Ni-Cad, or all NiMH. **DO NOT** mix Alkaline and Ni-Cad or NiMH batteries.



**NOTE:** The APEX-AT Athletic Scale <u>does</u> <u>not</u> have a battery charging circuit. Should you wish to use Ni-Cad or NiMH batteries, they must be <u>fully</u> charged before installing them. When discharged, the Ni-Cad or NiMH batteries must be removed and placed in an external charger to recharge.

#### **Battery Status**

The battery status will be displayed when batteries are installed. The battery bar graph on the display indicates the battery capacity in five steps:



- 4 segments the full battery capacity is available,
- 3 segments the battery is at 80% of capacity.
- 2 segments the battery is at 60% of capacity,
- 1 segment: the battery is at 40% capacity.
- 0 segments the battery is at less than 20% capacity

When the battery voltage drops too low for accurate weighing, the scale display will show Lo on the small upper seven-segment display and Lo on the large lower seven-segment display and shut off. You will be unable to turn the scale back on until the batteries have been replaced.

#### **Using Alkaline Batteries**

When no bars on shown on the battery status symbol, press the 🖒 key to turn the scale off, remove the old batteries, and replace them with new ones.

#### Using NiCad or NiMH Batteries

When no bars on shown on the battery status symbol, press the 🖒 key to turn the scale off, remove the discharged batteries, and replace them with fully charged ones. Place the discharged batteries in an external charger to recharge.

#### **Battery Saver Feature**

The APEX-AT Athletic Scale is equipped with a battery saver feature that helps prolong battery life by dimming the scale display backlight and turning the scale off when not in use.

#### **Using Batteries**

When using batteries, after one minute of inactivity (no motion on the scale and no keys pressed) the scale will automatically turn off. To turn the scale back on you must press the **b**key. The backlight on the scale display will be at 50% brilliance to conserve battery life.

#### Using AC Power Adapter

When using the AC power adapter, the automatic shut-off feature is *disabled* and the scale will remain on regardless of the length of time of inactivity. In addition, the backlight on the scale display will be at full brilliance.

#### **BATTERIES, CONT.**

#### **Battery Installation/Replacement**

To install or remove the batteries, the following steps should be followed:

- 1. Remove the platform cover from the scale base.
- 2. Referring to Figure No. 9, locate the two battery holders in the scale base.
- **3.** If installing new batteries, proceed to step 4. If replacing the batteries, remove all twelve batteries (six in <u>each</u> holder) from the battery holders, and then proceed to step 4.
- **4.** Referring to Figure No. 10, install the new twelve AA size batteries (six in <u>each</u> holder), noting the polarity markings located in the battery holders.
- **5.** After placing all twelve batteries (six in <u>each</u> holder), install the platform cover on the scale base, and press the **b** key.





Figure No. 9

Figure No. 10

- **6.** If the display turns on, the batteries have been installed correctly. If not, remove the platform cover, and check for one or more improperly positioned batteries.
- 7. The scale is now ready for operation.

#### **KEYPAD FUNCTIONS**

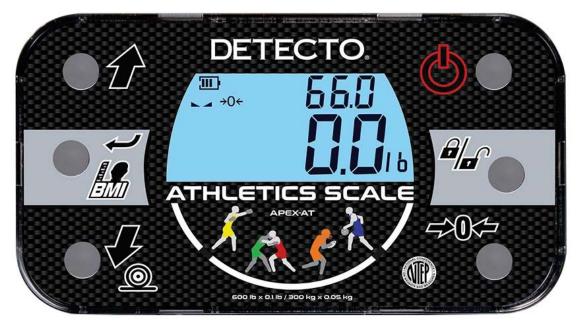


Figure No. 11



DO NOT operate the keys with pointed objects (pencils, pens, etc.). Damage to keys resulting from this practice is NOT covered under warranty.



This is the **Power** key. With the scale off, pressing this key will apply power to the scale and turn on the display. If the scale is already on, pressing the key will turn it off.



This is the **Lock/Release** key. Press and release this key to cause the weight, height, and BMI to lock on the current values until the key is pressed again. While the scale display is locked, the annunciator resembling a padlock \(\mathbb{\upser}\) will turn on to denote that the weight is being held.



This is the **Zero** key. Press and release this key to reset the display to zero. Note that when this key is pressed with weight on the scale platform, the display will zero the weight up to 100% of the scale capacity. When the weight is removed, the display will show a negative weight value. Press the  $\Rightarrow$ **0**  $\Leftarrow$  key again to reset the display to zero.



This is the **Enter/BMI** key. It is a multi-function key. First, during setup, pressing the key will accept the currently displayed setting of the parameter. Second, the key is used to signal the completion of the entry of data (in both setup and operation) and will cause the scale to process the data entered.

During operation, this is also the **BMI** key. It is used to input the patient's height and then perform the Body Mass Index (BMI) calculation. Note that the scale will not respond to pressing the key unless the weight is stable.

Pressing the key once allows the operator to enter a previously measured height of the patient using the  $\mathcal{D}$  or  $\mathcal{J}$  keys to increase or decrease to the correct height. After entering the patient's height, the display will show the Body Mass Index (BMI) calculation. After calculating the BMI, pressing this key will toggle between the patient's BMI and weight.

Note that once the patient is off the scale, the scale automatically returns to the weigh only operation mode.

#### **KEYPAD FUNCTIONS, CONT.**



#### (Up Arrow Key)

During operation, the  $\hat{x}$  key is used when performing the Body Mass Index (BMI) calculation to increase the height value. Note that when entering the height for BMI calculation, pressing, and holding the up arrow  $\hat{x}$  key allows you to rapidly increase the height entry.



#### (Down Arrow/PRINT)

This is the **Down Arrow/PRINT** key. It serves two purposes. First, during operation, the  $\mathcal I$  key is used when performing the Body Mass Index (BMI) calculation to decrease the height value. Note that when entering the height for BMI calculation, pressing, and holding the down arrow  $\mathcal I$  key allows you to rapidly decrease the height entry.

Second, this is the **PRINT** key. It is used to signal the completion of the data entry, process the data entered, and send the weight and associated data to the USB port, RS232 serial port, and Wi-Fi/Bluetooth on the models APEX-AT-C and APEX-AT-C-AC.



**NOTE:** The scale will not respond to pressing the  $\underline{\mathbf{o}}$  key unless the weight display is stable.

#### **ANNUNCIATORS**

The annunciators are displayed on the Weight screen to show that the scale is in the mode corresponding to the annunciator label or that the status indicated by the label is active.



Figure No. 12



The low battery annunciator is located in the upper left corner of the display. It is used to indicate the battery status. Refer to the Battery section of this manual for more details.

#### CAL (Calibration)

This annunciator is turned on when the scale is in the Setup and Calibration mode.

#### ▲▲ (STABLE)

This annunciator is turned on when the weight display is stable. When off, it means that the changes in successive weight samples are greater than the motion limits set during setup.

#### →0← (ZERO)

This annunciator is turned on to indicate that the weight displayed is within +/- 1/4 division of the center of zero.

#### LOCK

This annunciator is turned on to show that the indicator is locked onto the displayed weight. In operation, after obtaining a stable weight, pressing the law key will cause the scale display to lock onto the weight and turn on the annunciator. Pressing the key again will unlock the display and turn off the annunciator.

#### **BMI (Body Mass Index)**

This annunciator is turned on when displaying the calculated body fat.

#### kg

This annunciator is turned on to indicate that the displayed weight is in kilograms.

#### lb

This annunciator is turned on to indicate that the displayed weight is in pounds.

#### cm

This annunciator is turned on when the displayed height measurement is in centimeters.

#### OPERATION



ALWAYS assist the patient in stepping on and off the scale platform to ensure they do not fall. <u>NEVER</u> leave a patient unattended while they are on the scale platform. Failure to maintain control of the patient at all times can result in severe injury to the patient and/or you.

#### **Zero Weight Display**

- 1. If the scale is not showing zero weight on the display, press ⇒0 ← key.
- 2. The Weight display will return to zero. The →0← (ZERO) and ▲ △ (STABLE) annunciators will turn on to show a stable, center-of-zero weight condition.

#### **Basic Weighing Operation**

- Press the key to turn the scale on.
- **2.** If required, press ⇒**0** ⇔ key to zero weight display.
- 3. Assist the patient on the scale
- **4.** When weight is stable, the ▲ (STABLE) annunciator will turn on.
- 5. The weight reading will automatically lock and the annunciator resembling a padlock will turn on. Note that the amount of time the reading will hold is dependent upon the HDL d setting in Setup. **NOTE:** If more time is needed, press the locked weight reading.
- 6. Read and record the weight displayed.
- 7. If a printer is connected to the scale, press the  $\underline{\mathbf{o}}$  key to print a ticket.
- 8. Assist the patient off the scale.

#### **Body Mass Index (BMI) Operation (Using Previously Measured Height)**

- 1. Press the **(b)** key to turn the scale on.
- 2. If required, press ⇒0 ⇔ key to zero weight display.
- 3. Assist the patient on the scale.
- **4.** When weight is stable, the ▲ ✓ (STABLE) annunciator will turn on.
- 5. The weight reading will automatically lock and the annunciator resembling a padlock will turn on. Note that the amount of time the reading will hold is dependent upon the HOLd setting in Setup. **NOTE:** If more time is needed, press the locked weight reading.
- 6. Read and record the weight displayed.
- 7. Press the key. The display will change to the default height of 66.0 in (168.0 cm).
- **8.** Press  $\hat{v}$  or  $\mathcal{I}$  keys to increment or decrement to the correct height.
- 9. Press the key. The display will change to show the BMI (Body Mass Index).
- 10. Read and record the patient's BMI.

**NOTE:** While the patient is still standing on the scale, pressing the key will toggle between the patient's BMI and weight.

- **11.** If a printer is connected to the scale, press the key again to ensure both height and weight are shown on the display, and then press the key to print a ticket.
- 12. Assist the patient off the scale.
- 13. Once the patient is off the scale, the display automatically returns to weight only mode.

#### SCALE SETUP

Your APEX-AT Athletic Scale has been pre-configured at the factory and should not require changes for use in most applications. However, if the factory settings do not meet the requirements of your operation, the following describes the setup process.



NOTE: The keys are not to be operated with pointed objects (pencils, pens, fingernails, etc.). Damage to the keys resulting from this practice will NOT be covered under warranty.

#### To Enter Setup

- 1. Press the (1) key to turn the scale on.
- 2. The scale will perform a display test (turn on all segments and annunciators) and then change to show the software version.
- **3.** With the software version displayed, press, and hold the  $\Rightarrow$ **0** $\Leftarrow$  key.
- **4.** The display will change to show the ERP prompt, the current Scale Capacity setting, and turn on the CAL (calibration annunciator).
- **5.** The scale is now ready for setup and calibration

While in Setup, the current setting prompt will be shown in the smaller upper sevensegment display, while the value of the current setting will be shown in the large lower seven-segment display. Note, that when moving through the setup prompts, the default or previously selected value appears first on the display.

#### **Setup Navigation Keys**



This is the **Enter** key. Press the **\(\sigma\)** key to accept the currently displayed setting of the parameter and advance to the next setup prompt.



This is the **Lock/Release** key. Press the law key to return to the previous setup prompt.



#### (Arrow Keys)

These keys are used when selecting setup values. Pressing the  $\hat{x}$  or  $\mathcal{J}$  keys will increase or decrease the value of the selected parameter or toggle between the available parameter values.

Each press of the  $\hat{x}$  key will increase the displayed setup parameter value by one step or toggle between available values.

Each press of the  $\ensuremath{\mathcal{I}}$  key will decrease the displayed setup parameter value by one step or toggle between available values.

**NOTE:** When entering the scale capacity ( $\mathcal{LBP}$ ) and calibration load value ( $\mathcal{LBBd}$ ) pressing and holding the arrow keys allow you to rapidly, increase, or decrease the displayed setup parameter value.

#### ERP (SCALE CAPACITY)

The display will show  $\mathcal{E}^{RP}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\mathcal{D}$  or  $\mathcal{D}$  keys to select a new value and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the maximum allowed weight on the scale. It should be set to 600.0.

#### Int (INTERVAL SETTING)

The display will show ln k and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\mathscr{D}$  or  $\mathscr{D}$  keys to select a new value and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the minimum graduation of the scale. Allowable settings are 1, 2, or 5.

#### **∂**EE (DECIMAL POINT POSITION)

The display will show  $d\mathcal{E}\mathcal{E}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\mathcal{D}$  or  $\mathcal{D}$  keys to select a new value and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the decimal point precision of the scale. Allowable settings are 0, 1, 2, or 3.

0 = XXXXX 1 = XXXX.X 2 = XXX.XX 3 = XX.XXX

#### 5r (SAMPLE RATE)

The display will show 5r and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\checkmark$  or  $\checkmark$  keys to select a new value and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the number of times per second the load cell is sampled. Allowable values are a minimum of  $\underline{1}$  sample per second to a maximum of  $\underline{10}$  samples per second in one sample per second intervals.

#### FILE (DIGITAL FILTER MODE)

The display will show  $F \bowtie E$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the ? or  $\checkmark$  keys to select a new value, and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the amount of digital filtering applied to the scale. Allowable settings are 0, 1, 2, or 3.

0 = Off 1 = Minimal 2 = Moderate 3 = Maximum

#### nn⊕t (MOTION RANGE)

The display will show gable and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the ? or  $\checkmark$  keys to select a new value, and then press the  $\checkmark$  key to save it and proceed to the next prompt.

The motion range is the number of divisions of change permitted before indicating unstable (the STABLE annunciator turns off). Allowable values are 1 to 10.

#### EUr 0 (OIML)

This setting controls the OIML (European) specific requirements.

The display will show  $\mathcal{E} \cup \mathcal{C}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the ? or ? keys to toggle the OIML selection between ? or ? and then press the  $\checkmark$  key to save it and proceed to the next prompt.

Allowable settings are 385 for the EU or ao for the US.

#### ₽U₿ (Power Up Zero)

The display will show PUD and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the D or D keys to toggle the power up zero between D or D and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This setting controls zeroing of the scale when turned on (powered up). If enabled, the scale will be reset to zero automatically when turned on. Allowable settings are \$85 or \$aa\$.

#### **@**Er (Zero Tracking)

The display will show @ c and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the ? or  $\checkmark$  keys to select a new value, and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This setting controls the automatic zero tracking of the scale. Allowable values are 0 to 10, indicating the number of half-divisions above or below zero that the scale will attempt to maintain the zero position. **NOTE:** Select 0 (zero) to disable zero tracking.

#### 5ε- / (Com1 Mode)

The display will show  $5 \, \mathcal{E}_{\mathcal{F}} \, \mathcal{I}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\mathscr{D}$  or  $\mathscr{I}$  keys to toggle the Com1 Mode between  $\mathcal{E}_{\mathcal{D}\mathcal{D}\mathcal{E}}$  (continuous output),  $\mathcal{P}\mathcal{D}\mathcal{E}\mathcal{E}$  (weight on demand), and  $\mathcal{S}\mathcal{P}\mathcal{D}\mathcal{E}$  (Welch-Allyn Spot LXi interface), then press the  $\checkmark$  key to save it and proceed to the next prompt.

This setting controls the output for Com 1. Allowable settings are Eagle, POLL, or 5POL.

If Eook (continuous output) was selected for Com 1, the scale will continuously transmit weight data.

If POLL (Weight-On-Demand) was selected for Com 1, and the scale is connected to a computer for transmission of weight data to a PC-based EMR (electronic medical record) software program, it will transmit a single set of weight data each time the computer sends a weight request "ENQ" (hex 05) or an SMA weight request "W".

If 5Pat (Welch-Allyn Spot LXi interface) was selected for Com 1, the scale will automatically interface to a Welch-Allyn Spot LXi interface device to transmit weight data.

#### USB Mode)

The display will show U5b and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the ? or  $\checkmark$  keys to toggle the USB Mode between ?BdE (Personal Healthcare Device Class), EonE (continuous output), or ?BEE (weight on demand) and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This setting controls the output for the USB device port. Allowable settings are PBdE, BLLYa, or Saa8.

If PHSE (Personal Healthcare Device Class) was selected for USB, the scale will transmit data using the CEN ISO/IEEE 11073 Medical / Health Device Communication Standard.

If £L ½n (Welch Allyn) was selected for USB, the scale will automatically transmit data to a Welch Allyn CVSM Device when the weight on the scale stabilizes and the ▶ ◢ (STABLE) annunciator turns on. (Requires device to have an activated license. Must purchase Detecto WACONNECT)

If 5nn8 (SMA, Weight-On-Demand) was selected for USB, and the scale is connected to a computer for transmission of weight data to a PC-based EMR (electronic medical record) software program, it will transmit a single set of weight data each time the computer sends a weight request "ENQ" (hex 05) or an SMA weight request "W".

#### 988c (YEAR)

The display will show  $\Im \mathcal{E}Rr$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\varOmega$  or  $\varOmega$  keys to select a new value, and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the current year setting of the real-time clock. Allowable values are 2015 to 2099.

#### nath (MONTH)

The display will show nn 
otin 
otin and the current setting. If the value displayed is acceptable, press the <math>
otin key. Otherwise, press the otin or 
otin keys to select a new value, and then press the <math>
otin key to save it and proceed to the next prompt.

This is the current month setting of the real-time clock. Allowable values are 1 to 12.

1 = January	4 = April	7 = July	10 = October
2 = February	5 = May	8 = August	11 = November
3 = March	6 = June	9 = September	12 = December

#### 884 (DAY)

The display will show  $\partial \mathcal{B}\mathcal{G}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\mathcal{D}$  or  $\mathcal{G}$  keys to select a new value, and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the current day setting of the real-time clock. Allowable values are 1 to 31.

#### HOUR)

The display will show  $\mathcal{HGUr}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\mathcal{D}$  or  $\mathcal{J}$  keys to select a new value, and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the current hour setting of the real-time clock. Allowable values are 0 to 23.

**NOTE:** The hour is entered in a 24-hour format. When entering the hour after 12:00 PM (Noon), you must add 12 to the time. For example, 3:00 PM would be entered as 15.

#### an in (MINUTE)

The display will show  $an \ln a$  and the current setting. If the value displayed is acceptable, press the  $\leftarrow$  key. Otherwise, press the  $\hat{x}$  or  $\mathcal{J}$  keys to select a new value, and then press the  $\leftarrow$  key to save it and proceed to the next prompt.

This is the current minute setting of the real-time clock. Allowable values are 0 to 59.

#### SEE (SECONDS)

The display will show  $5\mathcal{E}\mathcal{E}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the ? or ? keys to select a new value, and then press the  $\checkmark$  key to save it and proceed to the next prompt.

This is the current seconds setting of the real-time clock. Allowable values are 0 to 59.



**NOTE:** The following two parameters are not used with the APEX-AT series. Press the key to save the current setting and proceed to the next prompt.

#### HEEL (Sonar Height Calibration)

The display will show BEEL and the current setting aa. Press the  $\begin{cal} \leftarrow \end{cal}$  key to save the current setting and proceed to the next prompt.

#### 5 HE (SENSOR HEIGHT)

The display will show 5  $\mbox{H}\mbox{$\mathcal{E}$}$  and the current setting. Press the  $\mbox{\ensuremath{\checkmark}}$  key to save the current setting and proceed to the next prompt.

#### HOLD TIME)

This setting is used by the scale to hold a stable patient weight for a desired amount of time. For example, if a value of 5 seconds is used, then when the scale locks onto a stable patient weight, it will remain locked for 5 seconds before automatically releasing the weight.

The display will show  $\exists \, a \in \mathcal{A}$  and the current setting. If the value displayed is acceptable, press the  $\buildrel{A}$  key. Otherwise, press the  $\buildrel{D}$  or  $\buildrel{D}$  keys to select a new value, and then press the  $\buildrel{A}$  key to save it and proceed to the next prompt.

This setting controls the auto-locking feature. Allowable values for hold time are 0 to 20.

#### ERL (CALIBRATION)

The display will show EBL and the current setting ao.

#### **Skip Calibration:**

If the scale has been previously calibrated and you wish to skip calibration (and retain the current calibration), press the  $\leftarrow$  key to proceed to the  $\xi \Im P \xi$  (Scale Model) prompt.

#### **Perform Calibration:**

- **3.** Proceed to the next section, SCALE CALIBRATION, LOAD CALIBRATION WEIGHT) to begin calibration.

#### 논명우된 (Scale Model)

The display will show  $\mathcal{EBP}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\mathscr{D}$  or  $\mathscr{D}$  keys to toggle the Scale Model between  $\mathscr{BPEP}$  (apex®) or  $\mathscr{CUSE}$  (custom, not applicable at this time), and then press the  $\checkmark$  key to save it. You will be returned to the  $\mathscr{CBP}$  prompt, the current Scale Capacity setting.

This will change the default settings and operation of the scale. For instance, select 8987 for the type to use the stand-on type scale.

Allowable settings are RPE2 or CUSE.



**NOTE:** If your scale is the model APEX-AT-C or APEX-AT-C-AC, additional setup prompts will be shown after selecting the  $\xi \Psi P E$  setting.

Proceed to the Wi-Fi and Bluetooth Low Energy (BLE) section of this manual for guidance through the setup and operation of the Wi-Fi and Bluetooth (BLE) wireless transmitter features of the scale. Otherwise, setup and calibration are complete.

#### **Scale Setup is Complete**

Now that setup has been completed, press the  $\bigcirc$  key to turn the scale off, and then press it again to turn the scale back on. The scale is now ready for normal operation.

#### **SCALE CALIBRATION**

#### To Calibrate the Scale

- **1.** Press the **()** key to turn the scale on.
- 2. The scale will perform a display test (turn on all segments and annunciators) and then change to show the software version.
- **3.** With the software version displayed, press, and hold the  $\Rightarrow$ **0** $\Leftarrow$  key.
- **4.** The display will change to show the £89 prompt, the current Scale Capacity setting, and turn on the CAL (calibration annunciator).
- **5.** Press the  $\leftarrow$  key until the display changes to show ERL and the current setting  $\alpha o$ .

#### **ERL (CALIBRATION)**

- **1.** With the display showing  $\mathcal{L}RL$  and the current setting  $\alpha \sigma$ , press the  $\mathcal{D}$  key to select YES and then press the  $\longleftarrow$  key.

#### LORd (LOAD CALIBRATION WEIGHT)

With the display showing L @8d, perform the following steps:

- 1. Make certain the scale platform is empty and free of debris.
- **2.** Place the desired amount of calibrated test weights on the scale platform. A minimum of 50% of the scale's capacity is required. However, 70% to 100% is recommended.
- Press the 

  key.
- **4.** If the value displayed is acceptable, press the ✓ key again. Otherwise, determine the exact amount of test weight placed on the scale platform, and then using the ଛ or ⋪ keys select the test weight amount.
- **5.** Verify that the numbers selected are the same as the amount of the test weight and then press the **\(\rightarrow\)** key.
- **6.** Starting at the left and preceding right, a series of dashes will appear on the display. The dashes will stay on the display momentarily, then disappear, after which the display will proceed to the next prompt.

#### Unt d (UNLOAD CALIBRATION WEIGHT)

After a moment, the display will change to UnLd.

- 1. Remove the test weights from the scale platform and then press the \(\bullet\) key.
- 2. Starting at the left and preceding right, a series of dashes will appear on the display. The dashes will stay on the display momentarily, then disappear, after which the calibration factor will be saved and the display will proceed to the next prompt, \$\instructure{\pi} \rightarrow \mathbb{R} \omega\$ (Gravity Compensation).



IMPORTANT: During the time the dashes are appearing on the display, make sure the loaded (or empty) scale is stable.

#### SCALE CALIBRATION, CONT.

#### ರ್ಡಿ 8 υ (Gravity Compensation)

Allowable values for  $G \cap R_U$  are 0.000 to 2.000.

NOTE: The default value is 1.000, which means there is no gravity compensation.

Gravity compensation accounts for latitudes and elevations that are different from where the scale was calibrated. To calculate the value for this parameter, use the gravitational constant of the location where the scale was calibrated divided by the gravitational constant of where the scale will be installed:

**Gravitational Constant (Calibration location)** 

----- = value

**Gravitational Constant (Operation location)** 

This should give you a value close to 1 that you can enter to compensate for the variation in gravity due to elevation/latitude.

#### 논명으로 (Scale Model)

The display will show  $\mathcal{EBPE}$  and the current setting. If the value displayed is acceptable, press the  $\checkmark$  key. Otherwise, press the  $\mathscr{D}$  or  $\mathscr{D}$  keys to toggle the Scale Model between  $\mathcal{BPEP}$  (apex®) or  $\mathcal{EUSE}$  (custom, not applicable at this time), and then press the  $\checkmark$  key to save it. You will be returned to the  $\mathcal{EBP}$  prompt, the current Scale Capacity setting.

This will change the default settings and operation of the scale. For instance, select 8987 for the type to use the stand-on type scale.

Allowable settings are 8PE2 or CUSE.



**NOTE:** If your scale is the model APEX-AT-C or APEX-AT-C-AC, additional setup prompts will be shown after selecting the  $\xi \ \exists P \xi$  setting.

Proceed to the Wi-Fi and Bluetooth Low Energy (BLE) section of this manual for guidance through the setup and operation of the Wi-Fi and Bluetooth (BLE) wireless transmitter features of the scale. Otherwise, setup and calibration are complete.

#### **Scale Calibration is Complete**

Now that scale calibration has been completed, press the  $\bigcirc$  key to turn the scale off, and then press it again to turn the scale back on. The scale is now ready for normal operation.

#### **DATA FORMAT**

#### **Continuous Output)**

If East (continuous output) was selected, the scale will continuously transmit weight data in SMA format (see below).

#### POLL (Weight-On-Demand)

If POLL (Weight-On-Demand) was selected and the scale is connected to a host device (computer) for transmission of weight data to a PC-based EMR (electronic medical record) software program, it will transmit a single set of weight data each time the host device (computer) sends an SMA weight request "W" or a weight request "ENQ" (hex 05). An example and explanation of the data format transmitted is shown below.

#### SMA Format (Cont or POLL)

This format is used if the scale is configured for Eont (continuous output) OR if the scale is configured for POLL (weight-on-demand) and the host device (computer) sends:

<LF>W<CR>

or

<ENQ> (hex 05)

The scale will respond with the following SMA weight string:

#### Where:

LF =	Line Feed	Line feed character (hex 0A)
S =	Status	O = Over Cap, Z = Center Zero, U = Below Zero, E = Error
R =	the number 1	

N = Mode of operation G = Gross, N = Net,

T = Tare

M = Motion bit M = Motion,

Blank = Stable (no motion)

XXXXXXXXX = Weight Weight with a decimal point if necessary

UUU = Unit lb or kg

CR = Carriage Return Carriage Return (hex 0D)

#### WI-FI AND BLUETOOTH LOW ENERGY (BLE)

The APEX-AT Athletic Scale models APEX-AT-C and APEX-AT-C-AC have a wireless transmitter inside the weight display that has been designed for an environment where interfacing the scale to a Wi-Fi network or pairing to a Bluetooth-capable device are desired. The following sections will guide you through the setup and operation of the Wi-Fi and Bluetooth Low Energy (BLE) features of the scale.

#### Wi-Fi Features

- Soft Access Point (AP) for setting credentials for the Wi-Fi module
- Setup option to select a static or dynamic IP address
- Built-in web server to display weight, height, and BMI
- TCP/IP connection for continuous output of weight, height, and BMI

#### **WI-FI SETUP**

#### **Enable and Configure Wi-Fi Networking**

**NOTE:** Default network settings are  $\Im F I = \Im F F$ ,  $b L E = \Im F F$ , and  $d H E P = \Im f f$ .

- 1. Press the  $\bigcirc$  key to turn the scale on.
- **2.** Press and hold the  $\Rightarrow$ **0** $\Leftrightarrow$  keys until the display shows the prompt  $\mathcal{L}RP$ .
- **3.** Press the  $\begin{cases} \begin{cases} \begin{cases}$
- **4.** The prompt will change to  $\partial \mathcal{HEP}$ . Press the  $\hat{\mathcal{D}}$  or  $\hat{\mathcal{J}}$  keys until the correct setting is displayed, and then press the  $\checkmark$  key.

**NOTE:** Select <code>@FF</code> to use a static IP address or select <code>@p</code> to use a dynamic IP address assigned by a DHCP server. Consult your network administrator for the proper selection.

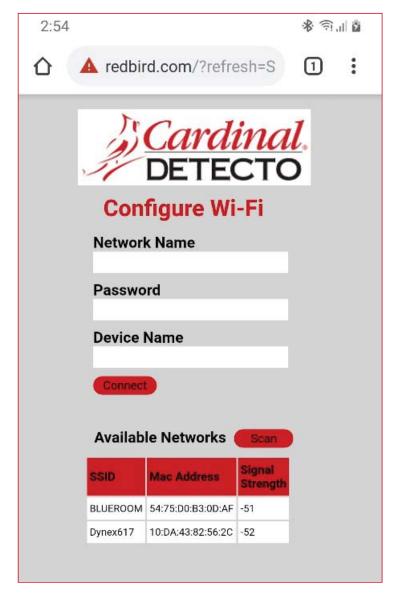
- **5.** The next prompt will be PI, the first octet of the static IP address.
  - **a.** If dHEP was set to  $\Omega_D$ , press the  $\leftarrow$  key until the prompt HEL is displayed.
  - b. If dHEP was set to @FF, press the ŵ or Ø key until the correct setting for the first octet of the static IP address is displayed, and then press the we key. For example, if the static IP address is "192.168.0.2", press the ŵ or Ø key until the display shows 192, and then press the we key. Repeat this procedure for the remaining three octets of the static IP address, IP3, IP3, and IP4.
- **6.** The next prompt will be 505%, the first octet of the network subnet mask.
  - **a.** If dHEP was set to @n, press the  $\begin{cal} \leftarrow \end{cal}$  key until the prompt HEL is displayed.
  - b. If dHEP was set to GFF, press the ⊕ or d key until the correct setting for the first octet of the network subnet mask is displayed. Press the key. Repeat this procedure for the remaining three octets of the network subnet mask, 5 ∪ b ≥ ,5 ∪ b ≥ , and 5 ∪ b d.
- 7. The next prompt will be 98£ ! for the first octet of the network gateway's IP address.
  - **a.** If  $d\mathcal{HEP}$  was set to  $@_{\mathcal{D}}$ , press the  $\checkmark$  key until the prompt  $\mathcal{G}$   $\mathcal{EL}$  is displayed.
  - **b.** If  $\exists \mathcal{HEP}$  was set to @FF, press the @D or @D key until the correct setting for the first octet of the network gateway's IP address is displayed. Press the  $\blacksquare$  key. Repeat this procedure for the remaining three octets of the network gateway's IP address, @BED, @BED, and @BED.
- **8.** The display will prompt  $\mathcal{G}$   $\mathcal{E}$   $\mathcal{E}$  . This is the prompt to clear the Wi-Fi credentials (SSID and password).
  - **a.** To <u>clear</u> the credentials, press the  $\mathcal{D}$  or  $\mathcal{J}$  key until  $\mathcal{J}\mathcal{E}$ 5 is displayed, and then press the  $\checkmark$  key. The credentials will be *cleared* and the display will change to show  $\mathcal{E}\mathcal{BP}$ .
  - **b.** To <u>retain</u> the credentials, press the  $\hat{v}$  or  $\mathcal{J}$  key until  $\sigma o$  is displayed, and then press the  $\leftarrow$  key. The credentials will be *retained* and the display will change to show  $\mathcal{ERP}$ .
- **9.** Press the (b) key to turn the scale off and then press it again to turn the scale back on.
- **10.** Proceed to the Configure Wi-Fi Network Module section.

#### WI-FI SETUP, CONT.

#### **Configure Wi-Fi Network Module**

Without Wi-Fi credentials, the Wi-Fi module will enter listening mode, in which it functions as a Wi-Fi access point. The SSID of the AP is in the form of "REDBIRD\_WIFI\_XX:XX", where XX:XX is the last 4 digits of the MAC address. Use a Wi-Fi device, such as a Smartphone, tablet, or laptop to connect to the apex scale. If the connection fails, try moving the scale to another location or cycling power to the scale.

When a connection has been made, open a web browser, and go to the location **redbird.com**. The "Configure Wi-Fi" page should appear.



Click on the **Scan** button to see a list of available Wi-Fi networks.

#### WI-FI SETUP, CONT.

#### Configure Wi-Fi Network Module, Cont.



Enter the Network Name (SSID), Password, and Device Name (optional) for the network you wish to connect to. Note that the Device Name can be anything. Click on the **Connect** button and the module should try to connect to that network. This may take several seconds. The module will store these network credentials and connect to this network each time the scale is turned on.

#### **Changing the Network Credentials**

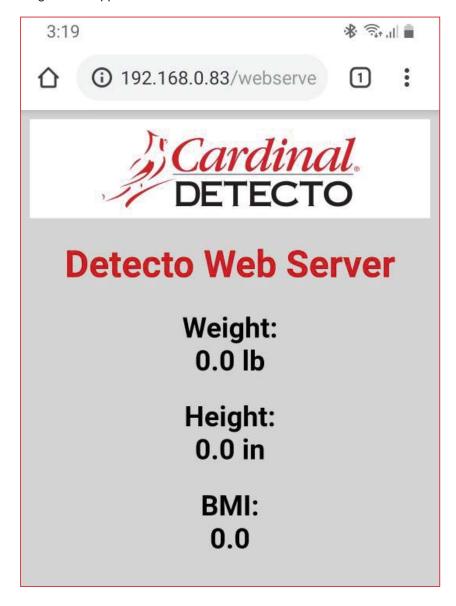
To change the network credentials, perform the following steps:

- 1. Press the  $\bigcirc$  key to turn the scale on.
- 2. Press and hold the ⇒0 ← keys until the display shows the prompt £8P.
- 3. Press the key until the prompt ⅓ € L is showing.
- **4.** Next, press the  $\hat{v}$  or  $\mathcal{J}$  key until  $\mathcal{J}\mathcal{E}$  5 is displayed, and then press the  $\checkmark$  key. The credentials will be *cleared* and the display will change to show  $\mathcal{E}\mathcal{R}\mathcal{P}$ .
- 5. Press the (b) key to turn the scale off and then press it again to turn the scale back on.
- **6.** Repeat the steps in the previous paragraph to set the new network credentials.

#### WI-FI OPERATION

#### **Web Server**

While the scale is connected to a network you can access the hosted web page. To view the web page, proceed to the IP address of the Redbird module with "/webserver.html" added to it. For example, if the IP address is "192.168.0.5", enter **192.168.0.5/webserver.html** and a page like the following should appear.



#### WI-FI OPERATION, CONT.

#### **TCP/IP Connection**

Continuous output is available by TCP/IP connection to the scale's IP address at port 10001.

- The scale will transmit a single set of weight data each time the SMA weight request <LF>W<CR> is received.
- Each time the SMA weight request <LF>R<CR> is received, the scale will transmit weight data continually until another SMA command is received.

SMA format for both command <LF>W<CR> and <LF>R<CR>.

<LF><s><r><n><m><f><xxxxxxx.xxx><uuu><CR>

#### Where:

Line feed (hex 0A) = Start of response message
Scale Status definition
Z = Center of Zero <xxxxxx.xxx>= 0.000</xxxxxx.xxx>
O = Over Capacity <xxxxxx.xxx>= +weight</xxxxxx.xxx>
U = Under Capacity <xxxxxx.xxx>= -weight</xxxxxx.xxx>
E = Zero Error (clears when the condition clears)
<space> = None of the above conditions</space>
<b>NOTE:</b> For "E" error condition <xxxxxx.xxx>= ——— (center dashes) and "Z", "O", and "U" are overridden</xxxxxx.xxx>
Range ("1", "2", "3", etc.) always "1" for a single range
Mode of Operation (Gross/Net status)
G = Gross normal weight
T = Tare weight (in response to "M" command)
N = Net normal weight
g = gross weight in high-resolution
n = net weight in high-resolution
Motion status
M = Scale in Motion
<space> = Scale not in Motion</space>
Future = Reserved for future or custom use
Weight with a decimal point if necessary
Units = lb or kg
Carriage Return (hex 0D) = End of response message

#### **SMA Commands**

Once a TCP/IP connection has been made to the apex scale, you can issue SMA commands to it. The apex scale will respond to the SMA commands in the format shown in the Response column of the WI-FI AND BLUETOOTH SMA COMMANDS table on pages 31 and 32 of this manual.

#### **BLUETOOTH LOW ENERGY (BLE)**

The APEX-AT Athletic Scale models APEX-AT-C and APEX-AT-C-AC have a wireless transmitter inside the weight indicator that can be configured for Bluetooth Low Energy (BLE). When possible, BLE standard specifications are used (those that are adopted by the Bluetooth SIG). Custom services were created to request indicator and scale information whose communication protocol was developed by the Scale Manufacturers Association (SMA).

#### Features Available via BLE

- Device Information Service
  - o Manufacturer Name
  - Model Number
  - Software Revision
- Battery Service
  - Battery Level Percentage
- Weight Scale Service
  - Weight Measurement
  - Weight Scale Feature
- Custom Services
  - Detecto SMA Service

#### **Enable Bluetooth (BLE) Networking**

**NOTE:** Default network settings are  $\forall F : = 0FF$ ,  $b \in E = 0FF$ , and  $d \in P = 0 \circ A$ .

- 1. Press the  $\circlearrowleft$  key to turn the scale on.
- **2.** Press and hold the  $\Rightarrow$ **0** $\Leftrightarrow$  keys until the display shows the prompt ERP.
- **3.** Press the  $\leftarrow$  key until the prompt  $b \, L \, \mathcal{E}$  is displayed.
- **4.** Use the  $\hat{x}$  or  $\mathcal{I}$  keys to change the selection to  $\hat{y}_{0}$  and press the  $\checkmark$  key.
- 5. Press the (') key to turn the scale off and then press it again to turn the scale back on.
- 6. The scale is now ready to pair with a Bluetooth-capable device.



#### **Bluetooth Pairing**

To pair a Bluetooth-capable device with the scale, select the name of the scale from the list of available connections: Apex Scale XX:XX:XX:XX:XX:XX. Note that the X's represents the MAC address of the BLE wireless transmitter in the scale weight indicator.

When a stable reading is achieved, and the scale is paired with a Bluetooth-capable device, the reading will transmit when the connected device sends a request to receive data.

#### INTERFACING TO BLE

Note: 16-bit (4-digit) UUID's are adopted standards. 128-bit (32 digits) UUIDs are custom services or characteristics.

#### Standard Services per Bluetooth SIG

Reference adopted specifications at <a href="https://www.bluetooth.com/specifications/gatt">https://www.bluetooth.com/specifications/gatt</a>

#### **Device Information Service (0x180A)**

Characteristics	Number	Value(s)	Attributes
Manufacturer Name String	0x2A29	"Detecto"	READ
Model Number String	0x2A24	"Apex-C"	READ
Software Revision String	0x2A28	"1.0.XX" software of scale	READ

#### **Battery Service (0x180F)**

Characteristics	Number	Value(s)	Attributes
Battery Level	0x180F	0x00 - 0x64 (uint16), represents 0 - 100	READ
		percent	

#### Weight Scale Service (0x181D)

Characteristics	Number	Value(s)	Attributes
Weight	0x2A9D	<8bit Flag> <uint16 weight=""><uint16 bmi=""></uint16></uint16>	READ
Measurement		<uint16 ht=""></uint16>	INDICATE
		Supported Flags:	
		Flag bit0: 0 = SI, 1 = Imperial	
		bit3: 0 = BMI and Height not present	
		1 = BMI and Height present	
		bit4: 0 = Not below zero*	
		1 = Below zero*	
		SI:	
		Wt is KG with a resolution of 0.0005	
		Ht is meters with a resolution of 0.001	
		Imperial:	
		Wt is lbs with a resolution of 0.01	
		Ht is inches with a resolution of 0.1	
Weight Scale Feature	0x2A9E	NOT YET IMPLEMENTED	

<sup>\* •</sup> If the weight is below zero (0), the weight you will see is zero (0).

• If the weight is below zero (0), bit 4 of Weight Measurement will be set to 1, otherwise, bit 4 is set to zero (0).

NOTE: Maximum weight value displayed is 655.35 in both pounds (lb) and kilograms (kg).

#### **BLUETOOTH INTERFACE STANDARD PROTOCOLS**

#### Bluetooth Characteristic - Weight\_Measurement: 0x2A9D

Widely accepted BLE GATT profiles are used to transmit data to other devices/software that have implemented these profiles. Data is passed via BLE using GATT characteristic "Weight Measurement" (0x2A9D) as defined by Bluetooth SIG. Refer to the data table below about Weight Measurement Characteristics.

#### Weight\_Measurement: 0x2A9D

NAMES	FIELD REQUIREMENTS	FORMAT	MIN. VALUE	MAX. VALUE	ADDITIONAL INFORMATION						
Flags N	Mandatory	8 bit	N/A	N/A	BIT FIELD						
					Bit	Size	Name	Definition			
					25.5554	100000000		Key	Value	Requires	
					0	1	Measurement Units	0	SI (Weight and Mass in Units of Kilogram (kg) and Height in Units of Meter)	CI	
								1	Imperial (Weight and Mass in Units of Pound (lb) and Height in Units of inch (in))	C2	
					1	1	Time Stamp	0	False		
							Present	1	True	C3	
					2	1	User ID	0	False		
							Present	1	True	C4	
					3	1	BMI and	0	False		
							Height Present	1	True	C5	
					4	1	Below Zero	0	Not Below Zero Below Zero	-	
Weight - SI C1	C1	uint16	N/A	N/A	Information: Unit is in kilograms with a resolution of 0.005 and is						
	3				determined when bit 0 of the Flags field is set to 0.						
					Unit: org.bluetooth.unit.mass.kilogram						
					Exponent: Decimal, -3						
					Multiplier: 5						
Weight - Imperial	C2	uint16	N/A	N/A	Information: Unit is in pounds with a resolution of 0.01 and is determined when bit 0 of the Flags field is set to 1.						
					Unit: org.bluetooth.unit.mass.pound						
					Exponent: Decimal, 02.						
Time Stamp	C3		N/A	N/A	/A Information: Smallest unit in seconds Unit: org.bluetooth.characteristic.date.time				nds		
									date.time		
User ID	C4	uint8	N/A	N/A	The special value of 0XFF (255 Decimal) for User ID represents "unknown user".						
					Information: Unit is unitless with a resolution of 1						
								Key	Value		
								255	Unknown user		
					Unit	: org.bl	uetooth.unit.unit	tless	2000-000-000-000-000-000-000-000-000-00		
					Exponent: Decimal, 0						
BMI	C5	uint16	N/A	N/A	Information: Unit is unitless with a resolution of 0.1						
					Unit: org.bluetooth.unit.unitless						
					Exponent: Decimal, -1						
Height - SI	C1 C5	uint16	N/A	N/A	Information: Unit is in meters with a resolution of 0,001 and is determined when bit 0 of the Flags field is set to 0.						
					Unit: org.bluetooth.unit.length.meter						
			Exponent: Decimal, -3				909 (0.00)				
Height - Imperial	C2 C5	uint16	N/A	N/A	Information: Unit is in inches with a resolution of 0.1 and is determined when bit 0 of the Flags field is set to 1.						
	530				Unit: org.bluetooth.unit.length.inch						
							Decimal, 0-1		SOAN		

# BLUETOOTH INTERFACE STANDARD PROTOCOLS, CONT.

#### **Custom Services**

Detecto SMA Service (0x907a0000-8699-47dd-ab30-d7aad5f83e54)

All custom characteristics have the same base number of the Service UUID 0x907aXXXX-8699-47dd-ab30-d7aad5f83e54 where the XXXX part distinguishes the service.

Characteristics	Sub Number	Value(s)	Attributes
Rx Cmd	0001	SMA string received by scale (up to 20 chars)	WRITE
Tx Cmd	0002	SMA string sent by scale (up to 20 chars)	NOTIFY

#### **SMA Commands**

The SMA commands shown in the WI-FI AND BLUETOOTH SMA COMMANDS table on pages 31 and 32 of this manual can be sent using the Detecto SMA Service's Rx Cmd characteristic (0x907a0001-8699-47dd-ab30-d7aad5f83e54).

Responses will put out a notification on the Tx Cmd characteristic (0x907a0002-8699-47dd-ab30-d7aad5f83e54).

## WI-FI AND BLUETOOTH SMA COMMANDS

The format used to send SMA commands to the APEX-AT-C and APEX-AT-C-AC scale is:

#### <LF>command<CR>

Where "command" is the ASCII letter(s), or the Hex Rep. listed in the table below. For example, <LF>Z<CR> or <LF>0A5A0D<CR> would send the command to zero the scale. Note that the response of each command is listed under the Response column of the table.



Any invalid command sent will return a *question mark* for a response. For example, sending a <LF>XZ<CR> will return 0A 3F 0D (<LF>?<CR>).

Command	Hex Rep.	Response
Z – zero scale	0A5A0D	None. You should see scale zero itself.
D - scale	0A440D	0A 20 20 20 0D
diagnostics		= means there are no errors, EEPROM error will show an E in the second space and C will show in the third space if there is a calibration error. 20 = SPACE
W - request	0A570D	0A 5A 31 47 20 20 30 30 30 30 30 2E 30 30 6C 62 0D
weight		= Z1G 000000.00lb
H - request high-	0A480D	0A 5A 31 67 20 20 30 30 30 30 30 2E 30 31 6C 62 0D
resolution weight		= Z1g 000000.01lb
A – about scale	0A410D	0A 53 4D 41 3A 32 2F 31 2E 31 0D
first line		= SMA:2/1.1
B – about scale scroll	0A420D	Each time sent you will get the next line of information until there is no longer any information.
		1. 0A 4D 46 47 3A 44 65 74 65 63 74 6F 0D
		= MFG:Detecto
		2. 0A 4D 46 44 3A 41 70 65 78 2D 43 0D
		= MOD:Apex-C
		3. 0A 52 45 56 3A 58 2E 58 2E 58 58 0D
		= REV:X.X.XX
		5. 0A 45 4E 44 3A 0D
		= END:
		6. If B is sent again you will get the unknown command response until the A command is sent again. 0A 3F 0D
		= ?
I – scale	0A490D	0A 53 4D 41 3A 32 2F 31 2E 31 0D
information		= SMA:2/1.1

# WI-FI AND BLUETOOTH SMA COMMANDS, CONT.

Command	Hex Rep.	Response
N – scale information	0A4E0D	Each time sent you will get the next line of scale information until there is no longer any information.
scroll		1. 0A 54 59 50 3A 53 0D
		= TYP:S
		2. 0A 43 41 50 3A 20 6C 62 3A 36 30 30 2E 30 3A 32 3A 31 0D
		= CAP: lb:600.0:2:1, this depends on the settings of the Apex.
		600.0 – Capacity, 2 – Interval, & 1 – Decimal
		3. 0A 43 4D 44 3A 48 52 49 4E 58 0D
		= CMD:HRINX
		4. 0A 45 4E 44 3A 0D
		= END:
		5. If N is sent again you will get the unknown command response until the I command is sent again. 0A 3F 0D
		= ?
R – Repeat	0A520D	0A 5A 31 47 20 20 30 30 30 30 30 30 2E 30 30 6C 62 0D
Displayed Weight Continuously		= Z1G 000000.00lb, you should get this continuously until another SMA command is received.
XB – battery level	0A58420D	0A 38 36 2E 32 35 0D
percentage		= 86.25

### PRINTING ON STABLE WEIGHT

Printing of data when the weight is stable is supported.



ALWAYS assist the patient in stepping on and off the scale platform to ensure they do not fall. <u>NEVER</u> leave a patient unattended while they are on the scale platform. Failure to maintain control of the patient at all times can result in severe injury to the patient and/or you.

- 1. Assist the patient on the scale.
- 2. When weight is stable, the ▲ ✓ (STABLE) annunciator will turn on.
- 3. The weight reading will automatically lock and the annunciator resembling a padlock will turn on. Note that the amount of time the reading will hold is dependent upon the HOLd setting in Setup. NOTE: If more time is needed, press the locked weight reading.
- 4. Press the **②** key.
- **5.** The scale will then send an output string consisting of the Date, Time, Weight, Height, and BMI with units for weight and height.

Example data string: 05/21/19,09:48,181.1lb,70.9in,25.5

**6.** Assist the patient off the scale.

### **EVENT COUNTER**

Your APEX-AT Athletic Scale has been designed with an Event Counter type of security seal. When selected, the scale will display two numbers representing the Calibration and Configuration counters.

#### Calibration Counter (ERL)

The calibration counter is incremented when a value in the calibration part of the setup is changed (£88, 104, 45£, 50, 51, 44, 000, 584, 600, 684, 608). The counter is only incremented 1 time even if more than one parameter is changed in setup.

#### Configuration Counter (EF9)

The configuration counter is incremented when a value in the configuration part of the setup is changed (PUO, OEC, SECI, SECZ, USb, YEBC, ankH, dBY, HOUC, an In, SEE, S. HE, HoLd). The counter is only incremented 1 time even if more than one parameter is changed in setup.

#### To Review the Event Counter:

- 1. Press the O key to turn the scale on.
- 2. The scale will perform a display test (turn on all segments and annunciators), and then change to show the software revision for a few seconds.
- 3. Next, the display will change to the Weight Display with the →0← (ZERO) and ▲ △ (STABLE) annunciators turned on to show a stable, center-of-zero weight condition.
- **4.** Press and hold the **←** key.
- **5.** The display will change to show all dashes and then the software revision.
- **6.** Release the **←** key.
- 7. The display will change to show <code>ERL</code> (Calibration Counter) on the small upper seven-segment display and up to a 3-digit number on the large lower seven-segment display for approximately two seconds.
- **8.** Next, the display will then show *EF9* (Configuration Counter) on the small upper seven-segment display and up to a 3-digit number on the large lower seven-segment display for approximately two seconds and then change to show all dashes.



**NOTE:** If your scale is the model APEX-AT-C or APEX-AT-C-AC, additional information for the Wi-Fi and Bluetooth (BLE) settings will be shown after the Configuration Counter. Refer to the next section, Display Wi-Fi and Bluetooth Settings for additional information and instructions.

9. To return to normal operation, press the 

key or press the 

key to turn off the scale.

### **DISPLAY WI-FI AND BLUETOOTH SETTINGS**

If your scale is the model APEX-AT-C or APEX-AT-C-AC, additional settings will be shown after the calibration and configuration counters have been shown.

To display the Wi-Fi and Bluetooth Settings, follow the steps below:

- 1. With no weight on the scale, press and hold the \(\bigsize \) key for approximately 5 seconds.
- 2. The display will show height momentarily, and then change to show the software revision of the scale for a few seconds.
- **4.** The display will change to show the Calibration Counter ( $\mathcal{ERL}$ ) for approximately two seconds and then the Configuration Counter ( $\mathcal{EFB}$ ) for approximately two seconds.
- **5.** Next, the Redbird (¬¬¬) software revision for the Wi-Fi and Bluetooth (BLE) module will be displayed.
- **6.** If Wi-Fi is enabled  $(\exists F \mid = 0 \cap)$ , the following will be shown:
  - a. The Wi-Fi status Connected or Disconnected (conct or dissolved) will be displayed.
  - **b.** The four octets<sup>1</sup> of the static IP address for the scale will be shown.
  - **c.** The network name (55 ·d) will be shown.
- 7. After that, the Bluetooth (BLE) advertisement data Apex Scale XX:XX:XX:XX:XX will scroll across the display. Note that the X's represents the MAC address and that the colons between the MAC address will not be shown.

**NOTE:** The factory setting for Bluetooth (BLE) is On ( $b \, \mathcal{E} = \mathcal{G}_{\mathcal{D}}$ ). If Bluetooth (BLE) has been disabled ( $b \, \mathcal{E} = \mathcal{G}_{\mathcal{F}} \mathcal{E}$ ), the Bluetooth (BLE) advertisement will not be displayed.

- 8. The display will change back to showing live weight.
- **9.** Press the **←** key to return to normal operation.

<sup>&</sup>lt;sup>1</sup> If the Wi-Fi is Disconnected (d, 5cn), and a scan of the Wi-Fi networks shows "REDBIRD\_WIFI\_XX:XX" AP, then the Wi-Fi module is in listening mode. Refer to the **Configure Wi-Fi Network Module** section for the procedure to set the Wi-Fi credentials.

## **ERROR AND OPERATION MESSAGES**

The Detecto APEX-AT Athletic Scale is equipped with diagnostic software that tests various portions of the scale's circuitry and verifies proper operation. Should a problem be detected, an error or status message will be displayed. The following is a list of these messages and their meanings.

Display Message	Meaning
→0←	This symbol appears when the scale weight reading is at center of zero.
	This symbol appears if the weight has been manually locked by pressing the $\  \mathbf{x} \ _{\mathbf{n}}$ key.
	This message appears if the key has been pressed without any weight on the scale.
OCAP	The weight on the scale weight exceeds scale capacity.
ErrOF	This message appears if there are too many characters to display. For example, attempting to display a negative number greater than –9,999 or a positive number greater than 99,999.
Lo 6888	When the batteries are near the point they need to be replaced, the scale display will show $L \circ o$ on the small upper seven-segment display and $bBL c$ on the large lower seven-segment display. Note that when the battery voltage drops too low for accurate weighing, the scale will automatically shut off and you will be unable to turn it back on.
ERL 16	The scale requires calibration. The weight will show as dashes. Consult your scale service representative.
8d€rr —	
ErrAL	Consult your scale service representative.
Err8H _	J

## **BEFORE YOU CALL FOR SERVICE**

PROBLEM	POSSIBLE SOLUTIONS	
Display does not turn on	<ul> <li>AC Operation:</li> <li>Is the AC power adapter fully inserted into the wall outlet?</li> <li>Check the wall outlet for proper AC power. Try another electrical appliance in the same outlet. Does it work?</li> <li>Check the circuit breaker.</li> <li>Has there been a power failure?</li> </ul>	
	<ul> <li>Battery operation:</li> <li>Check if the batteries are installed and match the polarity markings located in the battery holders.</li> <li>One or more of the batteries may be improperly positioned. Ensure they are completely in the battery holder.</li> <li>If using Alkaline batteries, remove the old batteries and replace them with new ones.</li> <li>If using NI-CAD or NiMH batteries, remove the discharged batteries and replace them with fully charged batteries. Use an external charger to recharge the discharged batteries.</li> </ul>	
Incorrect weight is displayed	Make sure the scale platform is not touching an adjacent object. Have the proper operation procedures been followed?	
Weight is not displayed	Refer to the Error and Operation Messages.	

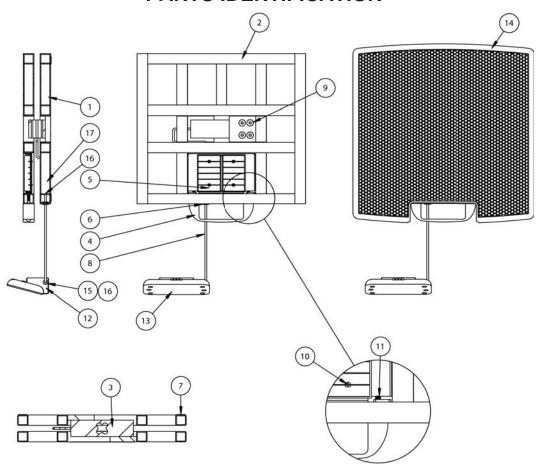
#### CARE AND CLEANING



**NOTE:** The Detecto APEX-AT Athletic Scale contains no user-serviceable parts and maintenance should be limited to occasional cleaning and battery replacement as required.

- Do not submerge the scale in water, pour, or spray water directly on it to clean it. The scale is not waterproof and covering it with water will damage it and void the warranty.
- · Always remove power before cleaning.
- Do not use wire brushes, abrasives, or cleaning tools such as steel pads and scrapers, which will scratch the painted surface. Instead, use soft cloths or plastic scouring pads for cleaning.
- When possible, use treated water. Hard water can leave behind deposits. Soft water is much gentler on the painted steel's surface.
- Avoid the use of acetone, thinner or other volatile solvents, and abrasive-type cleaners
  for cleaning. If required, a mild solvent such as mineral spirits can be used to remove oil,
  grease, tars, wax, and similar substances. Uses a cloth dampened with mineral spirits
  and apply only to areas that are contaminated. Follow up the use of this mild solvent with
  detergent cleaning and rinsing.

# **PARTS IDENTIFICATION**



Item	Qty.	Part Number	Description
1	1	3300-0325-0A	BASE WELDMENT W/OUT COLUMN BRACKET
2	1	3300-0326-0A	WEIGHBRIDGE WELDMENT
3	1	3300-0138-1A	APEX LOAD CELL
4	1	3300-0325-08	APEX PULL HANDLE
5	2	6610-1232	BATTERY HOLDER FOR 6 AA
6	1	6680-1043	GROMMET 1/4 IN ID X 5/8 IN OD FOR 1/8 IN TK
7	4	6540-1122	0.81-IN-DIAMETER RUBBER FOOT
8	1	3300-0330-0A	CABLE, APEX-RI INDICATOR TO BASE, 72 IN
9	8	6021-1550	FLAT-HEAD CAP SCW M8 X 1.25 MM X 30 MM
10	4	6021-0654	PAN-HEAD SCW 06-32 X .25 IN
11	2	6021-1554	SOCKET-HD CAP SCW .25-20 X 1.5 IN
12	1	3300-0268-18	APEX INDICATOR BRACKET
	13 1	3300-0461-0A	APEX-AT, DISPLAY SUB-ASSEMBLY
12		3300-0462-0A	APEX-AT-AC, DISPLAY SUB-ASSEMBLY
13		3300-0463-0A	APEX-AT-C, DISPLAY SUB-ASSEMBLY
		3300-0464-0A	APEX-AT-C-AC, DISPLAY SUB-ASSEMBLY
14	1	3300-0147-0A	APEX PLATFORM COVER
15	1	6680-0068	GROMMET RUBBER 3/16 IN ID X 7/16 IN OD
16	2	6980-0014	4 IN WHITE CABLE TIE
17	0.01	6710-1021	TAPE 1.88 IN X 60 YDS DUCT ROLL

# **ACCESSORIES**

Item Number	Description
APEX-RI-CASE	Carrying Case for APEX-RI and APEX-AT with Shoulder Strap
	(Form fitted to scale with cut-out for AC Adapter option)





## STATEMENT OF LIMITED WARRANTY

Detecto Scale warrants its equipment to be free from defects in material and workmanship as follows: Detecto warrants to the original purchaser only that it will repair or replace any part of equipment which is defective in material or workmanship for a period of two **(2) years from date of shipment**. Detecto shall be the sole judge of what constitutes a defect.

During the **first ninety (90) days** Detecto may choose to replace the product at no charge to the buyer upon inspection of the returned item.

After the first ninety (90) days, upon inspection of the returned item, Detecto will repair or replace it with a remanufactured product. The customer is responsible for paying for the freight both ways.

This warranty does not apply to peripheral equipment not manufactured by Detecto; this equipment will be covered by certain manufacturer's warranty only.

This warranty does not include replacement of expendable or consumable parts. This does not apply to any item which has deteriorated or damaged due to wear, accident, misuse, abuse, improper line voltage, overloading, theft, lightning, fire, water or acts of God, or due to extended storage or exposure while in purchaser's possession. This warranty does not apply to maintenance service. Purchased parts will have a ninety (90) day repair or replacement warranty only.

Detecto may require the suspect product to be returned to the factory; item(s) must be properly packed and shipping charges prepaid. A return authorization number must be obtained for all returns and marked on the outside of all returned packages. Detecto accepts no responsibility for loss or damage in transit.

## STATEMENT OF LIMITED WARRANTY

## **Conditions Which Void Limited Warranty**

This warranty shall not apply to equipment which:

- A.) Has been tampered with, defaced, mishandled, or has had repairs and modifications not authorized by Detecto.
- B.) Has had serial number altered, defaced, or removed.
- C.) Has not been grounded according to Detecto's recommended procedure.

## **Freight Carrier Damage**

Claims for equipment damaged in transit must be referred to the freight carrier in accordance with freight carrier regulations.

This warranty sets forth the extent of our liability for breach of any warranty or deficiency in connection with the sale or use of the product. Detecto will not be liable for consequential damages of any nature, including but not limited to, loss of profit, delays, or expenses, whether based on tort or contract. Detecto reserves the right to incorporate improvements in material and design without notice and is not obligated to incorporate improvements in equipment previously manufactured.

The foregoing is in lieu of all other warranties, express or implied including any warranty that extends beyond the description of the product including any warranty of merchantability or fitness for a particular purpose. This warranty covers only those Detecto products installed in the forty-eight (48) contiguous continental United States.



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