

# Soothe-A-Ciser<sup>®</sup>

## For Positioning And Pain Relief

HOW TO BUY



- Helps relieve tension headaches and neck pain.
- Helps stretch upper chest and anterior neck muscles.
- Provides easier access to upper back and shoulders.
- Use before, during or after therapy session.
- Alternative to flat treatment surfaces.

### Help for Neck Pain and Tension

The Soothe-A-Ciser was designed to help relieve tension headaches and neck pain by restoring the natural curve of the neck as you lay over the pillow. It also makes a good cushion to use with Core's Cervical Traction System #994 (shown on right).



### Comfortable Design

The contoured design of this cushion is also ideal for some face-up treatment techniques. It provides easier access to the face, upper back and shoulders while providing comfort for your client.



### Durable Materials

The Soothe-A-Ciser is constructed from precision-cut, high-quality foam. It comes covered in a durable cotton cover or an easy-to-clean vinyl. Selected colors are available.

### Easy to Use

Lay on the pillow face up with your neck curved over the top of the pillow. Allow the weight of your head to gently stretch your upper chest and anterior neck muscles.



### Specifications

#### Dimensions

- 21" x 11" x 7" (53 x 28 x 18cm)

#### Weight

- #440 Single product - 1 lbs.
- #441 Single product - 2 lbs.
- #994 Single product - 2.5 lbs.
- #440 Packaged 4 per box - 4 lbs.
- #441 Packaged 4 per box - 8 lbs.
- #994 Packaged 3 per box - 8 lbs.

#### Color Choices

- Black
- Blue
- Gray

#### Material

- Polyurethane Foam

#### Product Number

- #440, Cotton Cover
- #441, Vinyl Cover
- #994, With Traction Kit

Patent #D334107



American Manufacturing Co.   
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INTERNATIONAL, INC.  
Making Your Life More Comfortable.

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# Soothe-A-Ciser<sup>®</sup> with

HOW TO BUY



- Adds hot or cold therapy to gentle traction treatment for acute or chronic injuries.
- Heat Therapy encourages tight neck and chest muscles to soften and elongate.
- Cold Therapy for treating sudden injuries.

## Hot and Cold Therapy

The 6"x10" Dual Comfort Hot and Cold Pack gives you the option of adding either hot or cold therapy to this gentle traction system.

Cold therapy can be vital when treating a sudden injury, such as whiplash, since cold reduces soreness and swelling, and provides temporary pain relief.

For day-to-day use, heat therapy relaxes tight muscles. The Dual Comfort Pack can also be placed over the front of the neck while lying on the Soothe-A-Ciser. The heat from the pack will further encourage the chest and neck muscles to soften and elongate.

## Easy to Attach

Use the removable hook and loop to attach the Dual Comfort Pack to the Soothe-A-Ciser. The pack is also easy to remove for storing in the freezer or heating in the microwave.

## Durable Materials

Our Dual Comfort Packs are coated in soft, "frost free" fabric, not plastic, to feel gentle on the skin. No towel needed.



## Specifications

### Dimensions

- Dual Comfort Pack 6" x 10" (15.25 x 25.2 cm)
- Soothe-A-Ciser 21"x 11" x 7" (53 x 28 x 18cm)

### Weight

- #443 Single product - 4 lbs. (includes box)
- #443 Packaged 3 per box - 10 lbs.

### Color Choices

- Blue

### Material

- Polyurethane Foam

### Product Number

- #443, Plush Cover



Available from: