60cm (23.6")



# VESTIBULAR BALANCE DISC



The large inflatable vestibular disc mimics both the movement and shape of the inflatable ball when used as a seat. It acts as a dynamic cushion to activate major muscle groups. Use it on the floor as a standing disc and balance board for balance training, proprioception and strengthening of the lower extremities. Can be deflated to 1" thickness (mushy) or inflated to 2" thickness (firm). Each disc has one nubby side for tactile feedback and stimulation and one flat side. Available in colors: red, green blue and yellow.

Latex free material cleans easily with mild soap and water.

#### color options

30-1868R - red

30-1868G - green

30-1868B - blue

30-1868Y - yellow



Nubby Side for gentle massage



Smoother Side for comfort



Cando is a trademark of Goldberg

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## Simple, Cost Effective, Portable Exercise Products



1. Cando® exercise band with adjustable handle

(R)

- 2. AccuForce™ band
- 3. Tubing with Handles™
- 4. TBS™ bar
- 5. Exercise web
- 6. Digi-Extend™
- 7. Digi-Flex™
- 8. Theraputty™ material
- 9. Wate™ bar
- 10. Dumbbell
- 11. Cuff® weight
- 12. Handy ball
- 13. Medicine ball 14. Balance pad
- 15. Closed cell fitness mat
- 16. Open cell fitness mat
- 17. Jumbo™ foam roller
- 18. MVP™ balance board
- 19. Vestibular disc
- 20. Inflatable ball

#### Visit us at

## www.CandoProducts.net

for more exercise products **Authorized CE representative:** 

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