840 SOFT OPAQUE SIZING CHART

SHORT ≤16"

SMALL 7"-8.5"

(18-21.5cm)

SMALL 11"-15.5"

(28-39cm)

LONG >16"

ANKLE

CALF

CALF

CIRCUMFERENCE

CIRCUMFERENCE

SIZE	SS	SL	MS	ML	LS	LL
GUIDELINES FOR HIP	SMALL 32.5–44.5"		MEDIUM 34.5–50"		LARGE 38.5–59.5"	
CIRCUMFERENCE	(83–112.5cm)		(87–127cm)		(98–150.5cm)	
LEG LENGTH:	SHORT ≤28.5"	LONG >28.5"	SHORT ≤28.5"	LONG >28.5"	SHORT ≤28.5"	LONG >28.5
WOMEN	(72cm)	(72cm)	(72cm)	(72cm)	(72cm)	(72cm)
THIGH	SMALL 18–26"		MEDIUM 19–28.5"		LARGE 20.5–33"	
CIRCUMFERENCE	(45.5–66cm)		(48–73cm)		(52–84cm)	
LENGTH	(41cm)	(41cm)	(41cm)	(41cm)	(41 cm)	(41cm)

WOMEN'S SHOE SIZES: SHORT LEG 5.5–9.5, LONG LEG 8–12

MATERNITY HIP CIRCUMFERENCE GUIDELINES: SMALL: <56" (142cm), MEDIUM: <62" (157.5cm), LARGE: <70" (178cm)

SHORT ≤16"

MEDIUM 8.5"-10"

(21.5-25.5cm)

MEDIUM 12.5"-17.5"

(31.5-45cm)

LONG >16"

LARGE 10"-11.5"

(25.5-29cm)

LARGE 14"-20"

(35.5-51 cm)

LONG >16"

SHORT ≤16"