



3001HR HEIGHT ROD KIT Mounting and Usage Instructions

Thank you for your purchase of this Health o meter® Professional product. Please read this manual carefully, and keep it for easy reference or training. For User Instructions updates and revisions please go to: <http://www.homscales.com>

Note: The 3001HR Height Rod Kit is compatible exclusively with the 3001KL-AM, 3001KL-AMUA, 3001KL-AMC, and 3001KL-AMUAC weighing scales.

Warning: Do not use the 3001HR as a handle.

Upon receipt of the product, if damage is found, contact your shipper or a Health o meter® Professional representative immediately at 800-815-6615. Claims must be filed with the shipper as soon as possible after receipt. To avoid damaging when unpacking, do not use a box cutter, knife, scissors or any sharp object when opening the protective inner packaging. The following information details what you will find inside the carton as you unpack the parts for assembly. Set the carton aside for storage.

Parts List

- | | |
|----------------------------------------------|------------------------------------------------|
| (2) Mounting brackets (attached to assembly) | (1) Height rod |
| (1) Mounting rod | (4) Lock nuts (attached to assembly) |
| (1) Mounting instructions | (4) Hexagonal bolts (attached to assembly) |
| (2) Mounting screws (attached to assembly) | (2) Round headed screws (attached to assembly) |

Tools Required (not included)

1/2" and 3/8" wrenches, Phillips head screwdriver, and a precision screwdriver.

Mounting Instructions (see Figures 1 - 8)

Caution: It is recommended that the Height Rod assembly be performed by two persons.

1. Ensure that the scale platform is clear of any material or obstructions.
2. Carefully remove the product from the carton/packaging, and place the entire assembly on a flat, dry surface.
3. Using a precision screwdriver, gently remove the four black plugs from the handrail mounting holes. The two sets of mounting holes are located about 7" (180mm) and 18" (460mm) above the handrail base. (See Figure 1) *Be careful not to scratch the surface of the handrail.*

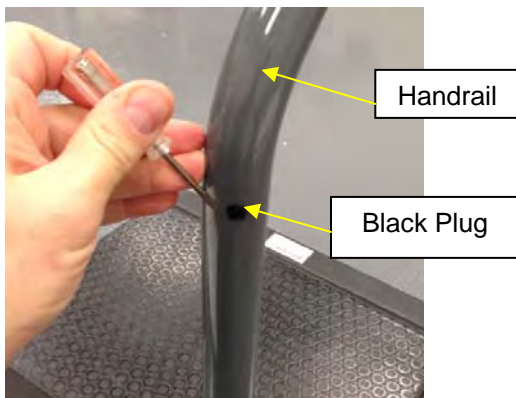


Figure 1

4. Remove each lock nut from the bottom two (2) long hexagonal bolts, inserted into the mounting brackets. (See Figure 2)



Figure 2

5. Position the assembly next to the handrail, and insert the long screws through the handrail holes. Fasten the lock nut onto the bolt. Be sure the bolt ends are facing away from the scale platform. (See Figures 3 and 4)

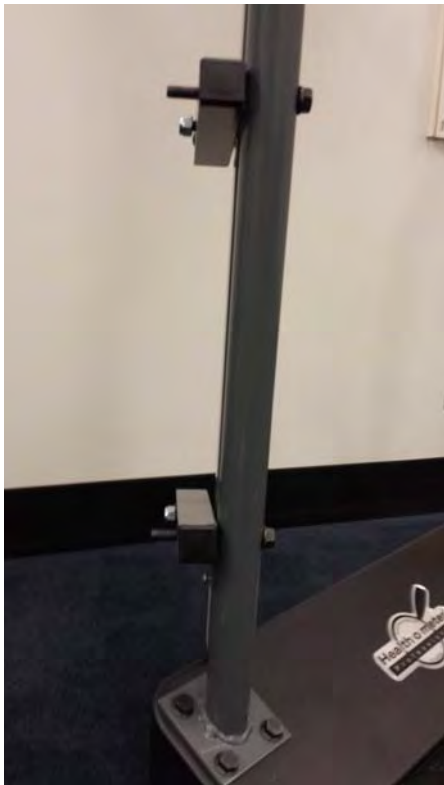


Figure 3

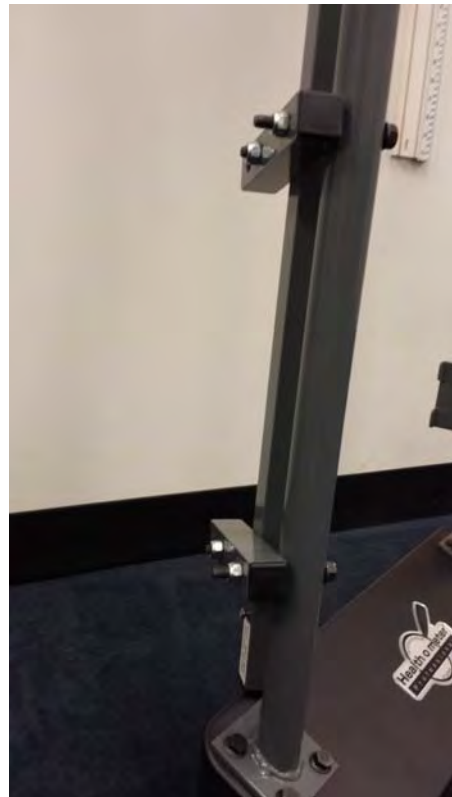


Figure 4

6. Ensure that the mounting brackets are positioned behind the handrail, with the mounting rod positioned in front of the handrail. (See Figures 5 & 6)

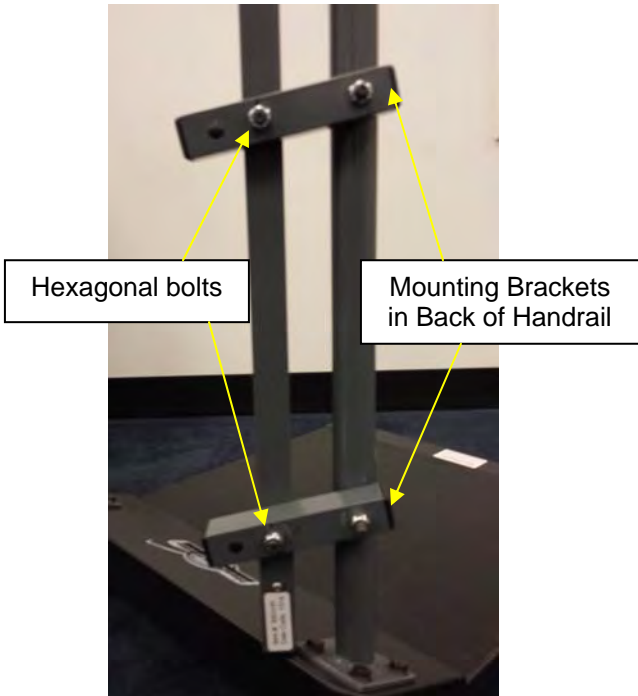


Figure 5



Figure 6

7. Ensure that the bottom of the mounting rod rests evenly on the edge of the scale (See Figure 7).

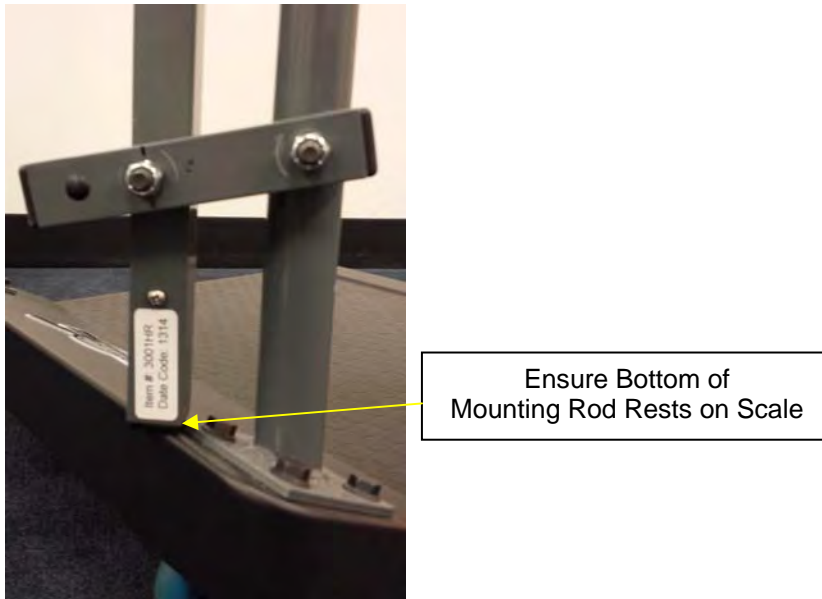


Figure 7

8. Once the assembly is correctly positioned, using a 1/2" wrench, tighten all four (4) bolts on the mounting brackets to secure the assembly.
9. If not already removed from its packaging, carefully remove the Height Rod from the long tube.

10. Position the height rod's key-hole mounts over the round headed screws on the mounting rod. (See Figure 8)

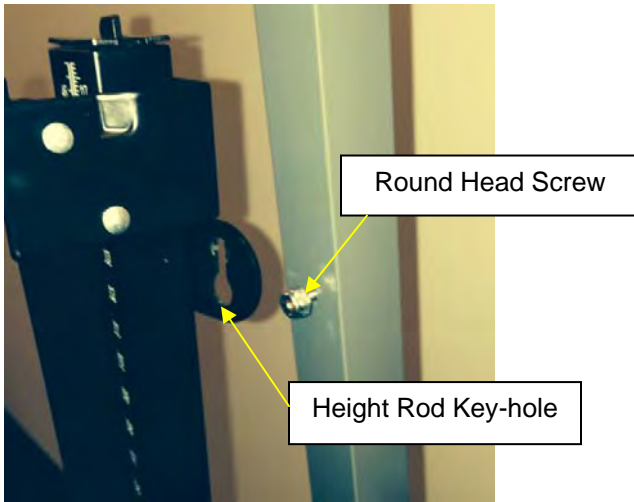


Figure 8

11. Ensure that each round headed screw is secured in the narrow portion of each key-hole mount (top and bottom of rod).
12. Use a 3/8" wrench to tighten each round headed screw until the height rod is held firmly in place.
13. The 3001HR assembly is now complete and ready for use.

Height Rod Usage Instructions: (see Figures 9 – 14)

Note: A patient needs to be a minimum of 23-5/8" (60 cm) in height for the height to be accurately measured.

1. Position the patient on the scale platform, and raise the headpiece above the patient's head. (See Figures 9 & 10)

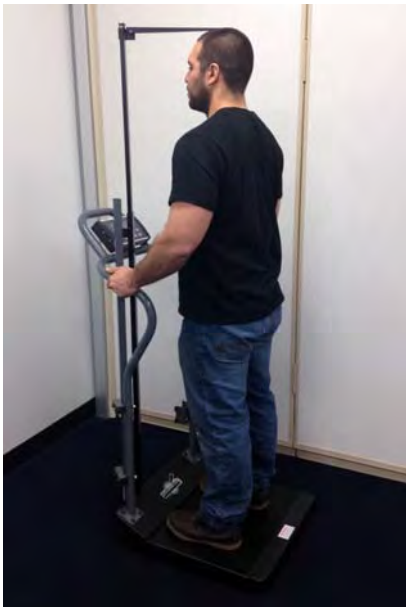


Figure 9

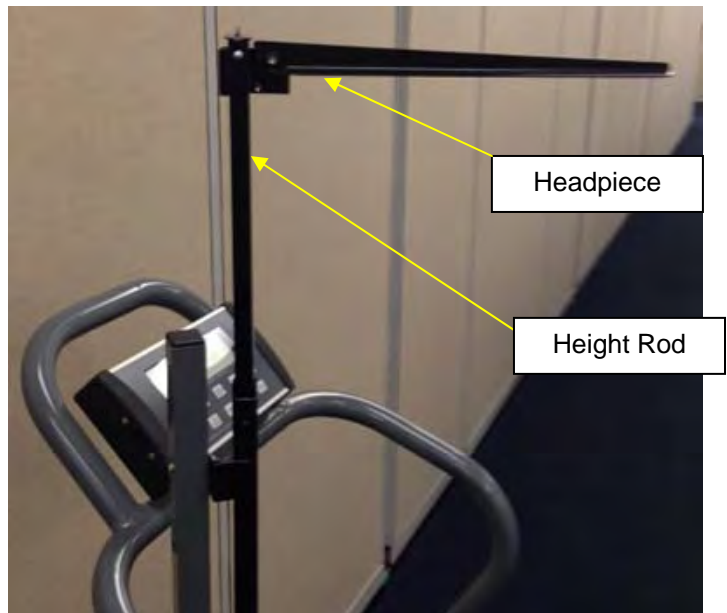


Figure 10

2. Position the patient towards the height rod.
3. Ensure that the patient's posture is upright, and that the patient's head is straight and level.
4. Push the headpiece down until it rests on the patient's head. Be sure the headpiece is level and not at an angle. (See Figure 11)

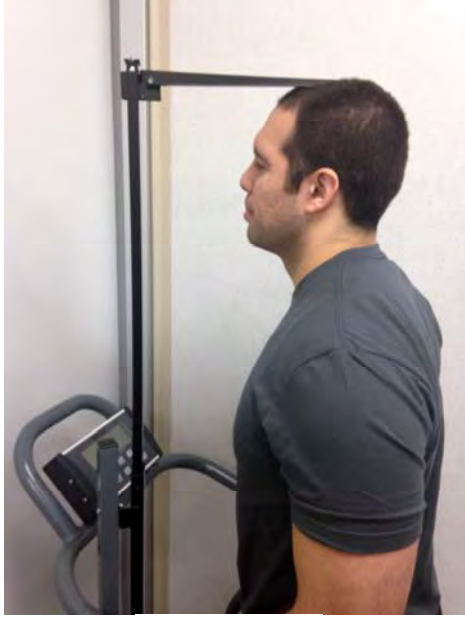


Figure 11

5. To move the headpiece below 46 3/8", grasp the headpiece and push down the release lever at the top of the height rod. (See Figure 12)

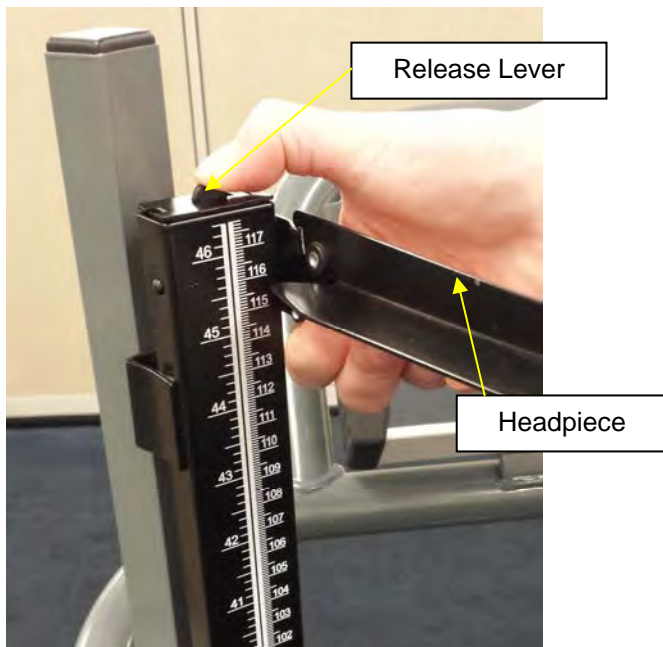


Figure 12

6. Determine the patient's height by reading the value on the measuring strip nearest to the line on the indicator. (See Figures 13 and 14)

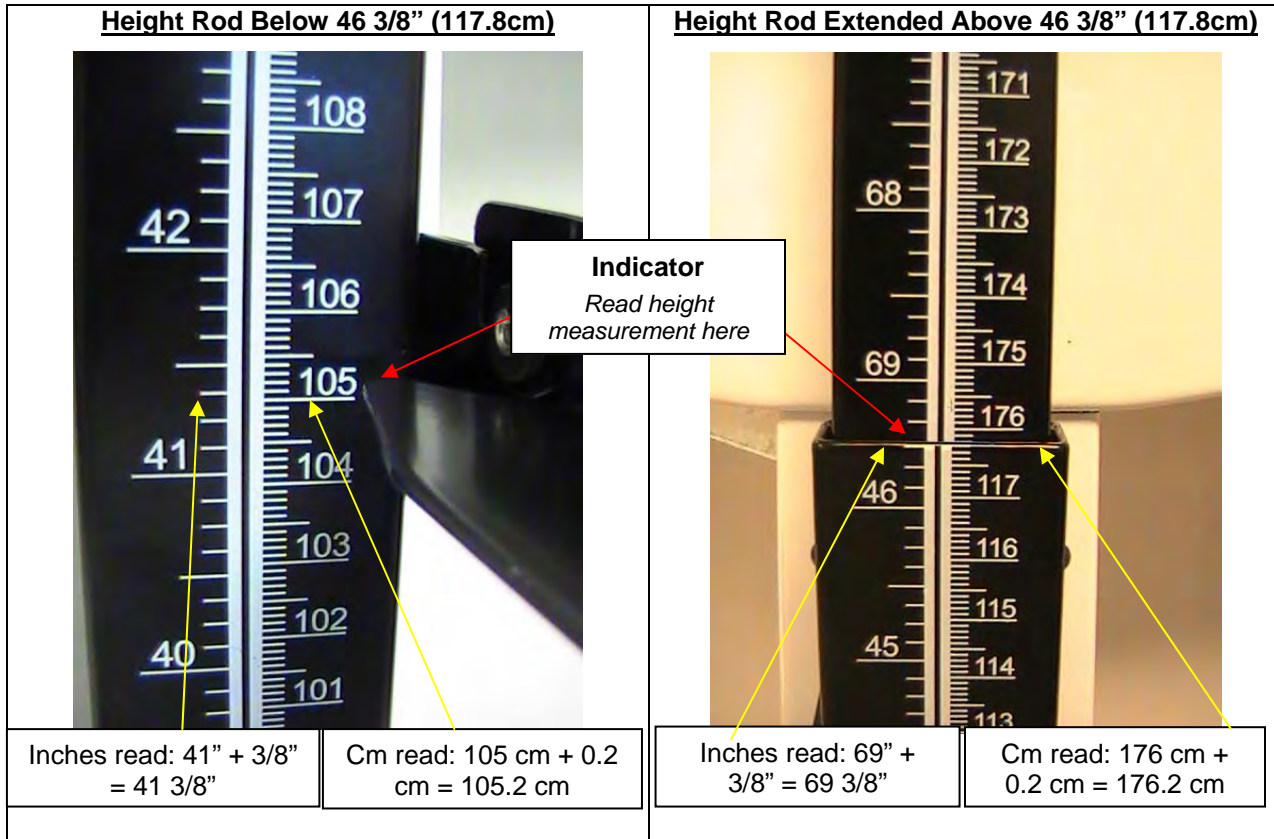


Figure 13

Figure 14

Cleaning

Note: Only the handrails and mounting brackets/struts have antimicrobial powder coating. The height rod is not antimicrobial. Cleaning does not diminish the antimicrobial properties of the handrail coating. Repeated cleaning with a mild soap and water solution will activate the surface's antimicrobial properties for continuous protection.

1. Clean all external surfaces with a clean damp cloth and mild soap and water. Dry with a clean soft cloth.
2. Do not immerse the height rod into cleaning or other liquid solutions.
3. Do not use Isopropyl Alcohol or other solutions to clean the surface.
4. Do not use abrasive cleaners.



PELSTAR, LLC

9500 West 55th Street • McCook, IL 60525 • USA

1-800-638-3722 or 1-708-377-0600

Health o meter® is a registered trademark of Sunbeam Products, Inc. used under license.
 Health o meter® Professional products are manufactured, designed, and owned by Pelstar, LLC.
 We reserve the right to improve, enhance, or modify Health o meter® Professional product features or specifications without notice.
 © Pelstar, LLC 2014

