

# IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, especially when children are present, basic safety precautions should always be followed, including the following:

## READ ALL INSTRUCTIONS BEFORE USING

### KEEP AWAY FROM WATER

**DANGER** — To reduce the risk of electrocution:

1. **Always unplug this appliance immediately after using.**
2. Do not use while bathing.
3. Do not place or store appliance where it can fall or be pulled into a tub or sink.
4. Do not place in or drop into water or other liquids.
5. **Do not reach for an appliance that has fallen into water or other liquids. Unplug immediately.**

**WARNING** — To reduce the risk of burns, electrocution, fire, or injury to persons:

1. **An appliance should never be left unattended when plugged in.**
2. Close supervision is necessary when this appliance is used by, on, or near children or individuals with certain disabilities.
3. Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.

4. **Never operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been dropped, damaged, or dropped into water. Return the appliance to a service center for examination and repair.**

5. Keep the cord away from heated surfaces. Do not wrap the cord around the appliance.
6. To avoid burning, do not pick up the unit while water is hot, because water can spill out.
7. Never block the air openings of the appliance or place it on a soft surface, such as a bed or couch, where the air openings may be blocked. Keep the air openings free of lint, hair, and the like.
8. Never use while sleeping.
9. Never drop or insert any object into any opening or hose.
10. Do not use outdoors or operate where aerosol (spray) products are being used or where oxygen is being administered.
11. Do not use an extension cord with this appliance.
12. Unplug this appliance before filling. Fill reservoir with distilled water only. Do not overfill.
13. Use the Facial Sauna only on a level surface.
14. Do not use additives.
15. Never place face close to facial steamer in one position as this may cause scalding.
16. To avoid burning, do not touch after plugging in water reservoir unit.
17. **The steam from the facial sauna is very hot. Always close your eyes before using.**
18. Never hold this facial sauna close to your face in one position as this may cause scalding.
19. Do not use the sauna without the mask.
20. Do not place hand in the base.
21. Do not touch steam as it comes out of the base.
22. Do not move or pick up the unit until the water cools.

# SAVE THESE INSTRUCTIONS OPERATING INSTRUCTIONS

This appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature.

If you have any skin condition, sensitivity to heat, or other health issues or questions, including those relating to use of this product while undergoing any treatments or taking any medications, please consult with a physician before use.

This product should not be used in the following cases:

Tuberculosis, diabetes, benign and malignant tumors, inflammations of the skin, phlebitis and thrombosis, open and fresh wounds, bruises, broken skin or varicose veins.

## INSTRUCTIONS FOR USING YOUR FACIAL SAUNA SYSTEM

Before beginning, cleanse your face, following your daily care routine. Lightly pat your favorite moisturizer or eye cream around the eye area.

## USING YOUR FACIAL STEAMING UNIT

- Your Facial Sauna includes two detachable cones:

1. Facial mask: Use for facial cleansing.

2. Sinus cone: Use for concentrated steaming. Place your nose in the sinus cone with forehead in a comfortable position close to, but not touching the curved rim. Relax as soothing mist promotes easier breathing; however, do not use as a room humidifier.

- Turn facial mask or sinus cone counterclockwise and lift away from base.

- Fill the water cylinder with cool or warm distilled water to the "MAX" fill line, as indicated on the side of the water reservoir. Pour water into the reservoir with measuring cup and plug it into a 120 volt AC household outlet. (See Figure 1)



Figure 1

- Place facial mask or sinus cone over unit. Lock by aligning bumps on facial mask or sinus cone with slots over water reservoir and turn clockwise. (See Figure 2)



Figure 2

- Press ON/OFF button to turn unit on.
- When the power is on, the ready indicator light will flash for 3 minutes as the water is preheating.
- When the indicator light has stopped flashing and is steady, you may use the Facial Sauna. Unit will automatically shut off after 30 minutes.
- FOR A TIMED TREATMENT, the timer control can be set from 3 to 15 minutes by rotating the knob to desired time.
- Press the timer start button and the timer indicator light will go on.
- The unit will shut off and a buzzer will sound to indicate that preset time has expired.

**NOTE:** One fill provides between 10 and 30 minutes of soothing mist. If the facial sauna should run out of water, shut off immediately, then begin your facial again.

- Cleanse your face and neck

- Allow approximately 3 to 4 minutes for steam mist to develop, then place your face in a comfortable position close to, but not touching the rim of the facial mask or sinus cone. To avoid burning, do not pick up the unit while water is hot, because water will spill out.

- If more steam is desired, place a towel over your head that so it covers the mask and sides of the steamer.

- Close your eyes and relax as the soothing mist begins deep cleansing action.

- Remove your face occasionally and blot with a cool, damp towel. Steam for a minimum of 5 minutes, but no longer than 30 minutes.

- Immediately after steaming, rinse your face with cool water.

## INSTRUCTIONS FOR USING YOUR FACIAL TOOL

- The facial tool operates on 2 AA batteries (not included). For battery insertion, gently pull down lower cap and insert batteries.



- Snap the exfoliating brush attachment onto the unit, making sure it is securely attached.
- Apply a generous amount of your favorite exfoliating cream to your face.
- At the speed of your choice, massage the cream on your face in a circular motion, making sure not to exceed two minutes.

- Use for 10-second intervals per area beginning with the forehead; avoiding the eye area, move downwards toward the cheek and nose area then to your chin area. This step exfoliates, thoroughly cleans and removes dull skin cells. Rinse face and pat dry. Next, apply cool water or your favorite astringent to close pores and seal in moisture.

- Now you are ready to apply your favorite moisturizing lotion by using the sponge applicator. Dot your forehead, cheeks, nose and chin with a generous amount of moisturizer and smooth the cream into your skin. Apply light to medium pressure and use upward, circular strokes. After just one personal facial with the Facial Sauna System, you'll find your skin looking fresher and healthier.

## INSTRUCTIONS FOR USING BATTERIES

- Always purchase the correct size and grade of battery most suitable for intended use.

- Replace old batteries of a set at the same time.

- Do not mix old and new batteries. Do not mix alkaline, standard (carbon-zinc) or rechargeable (nickel cadmium) batteries.

- Clean the battery compartment by blowing away any debris prior to batter installation.

- Ensure the batteries are installed correctly with regard to polarity (+ and -).

- Remove batteries from equipment that will not be used for an extended period of time.

- When batteries begin to fail, remove promptly.

## SPECIAL PAMPERING TIPS FOR DELICATE AREAS

### THE EYE AREA

• Give special care to the eye area during your personal facial by lightly massaging additional moisturizer or eye cream on eyelids and under your eyes before you begin.

### THE NECK AND THROAT

• Apply your favorite moisturizer to your entire face.

• Mist your face for only 5 minutes, following Instructions for Using Your Facial Sauna System.

• Tilt your head backward so your throat is approximately 2 inches from the facial mask.

• Mist your throat for 2 minutes. For best results, accelerate moisturizing process by gently turning neck from side to side.

### SPECIAL USES

• Consult your physician or dermatologist for instructions on how to best use the Facial Sauna System for your specific condition.

## USER MAINTENANCE INSTRUCTIONS

Caring for your Facial Sauna

After Completing Your Facial:

• Always turn off and unplug your Facial Sauna from the electrical outlet before cleaning.

• Let cool, then empty excess water and wipe dry interior of the facial mask and rim around the opening.

• Wipe the base with a clean, damp cloth, then polish lightly with a dry one. NEVER IMMERSE THE FACIAL SAUNA IN WATER.

• Do not attempt to repair the appliance yourself. Return it to the place of purchase with sales receipt.

• Facial sponge and brush attachments should be cleaned after each use by running them under warm water. Rinse thoroughly and squeeze out any excess water. Allow attachments to air dry thoroughly before reusing. Clean the unit with a dry cloth only. Do not immerse in water.

## CAUTION

Never allow the power supply cord to be pulled, twisted or severely bent. Never wrap the cord tightly around the unit. Damage will occur at the high flex point of entry into the unit, causing it to rupture and short circuit. Inspect the cord frequently for damage. **Stop use immediately if damage is visible or unit stops or operates intermittently.**

If cord or unit is damaged or does not operate properly, return it for repair to an authorized Conair Service Representative only. No repairs should be attempted by the consumer.

Facial Sauna System is for household use only.

## STORAGE – Important

When not in use, your unit should be disconnected and stored in a safe, dry location, out of reach of children. Do not wrap line cord around unit. Allow the cord to hang or lie loose and straight at the point of entry into the unit.

## LIMITED ONE YEAR WARRANTY

Conair will repair or replace (at our option) your unit free of charge for 12 months from the date of purchase if the appliance is defective in workmanship or materials.

To obtain service under this warranty, return the defective product to the service center listed on back that is nearest you, together with your purchase receipt and \$3.00 for postage and handling. California residents need only provide proof of purchase and should call 1-800-366-0937 for shipping instructions. In the absence of a purchase receipt, the warranty period shall be 12 months from the date of manufacture.

**ANY IMPLIED WARRANTIES, OBLIGATIONS, OR LIABILITIES, INCLUDING BUT NOT LIMITED TO THE IMPLIED WARRANTY OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, SHALL BE LIMITED IN DURATION TO THE 12-MONTH DURATION OF THIS WRITTEN, LIMITED WARRANTY.**

Some states do not allow limitations on how long an implied warranty lasts, so the above limitations may not apply to you.

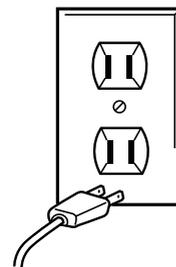
**IN NO EVENT SHALL CONAIR BE LIABLE FOR ANY SPECIAL, INCIDENTAL, OR CONSEQUENTIAL DAMAGES FOR BREACH OF THIS OR ANY OTHER WARRANTY, EXPRESS OR IMPLIED, WHATSOEVER.**

Some states do not allow the exclusion or limitation of special, incidental, or consequential damages, so the above limitation may not apply to you.

This warranty gives you specific legal rights, and you may also have other rights, which vary from state to state.

**WARNING:  
IF YOU THINK THE  
POWER IS OFF  
WHEN THE SWITCH  
IS OFF,  
YOU'RE WRONG.**

**KEEP AWAY FROM WATER**



Everyone knows that electricity and water are a dangerous combination. But did you know that an electrical appliance is still electrically live even if the switch is off? If the plug is in, the power is on. So when you are not using your appliances, keep them unplugged.

**ALWAYS UNPLUG SMALL APPLIANCES**

Please register this product at:  
[www.conair.com/registration](http://www.conair.com/registration)

### SERVICE CENTERS:

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Visit us on the web at: [www.conair.com](http://www.conair.com)

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Model MDF3  
12PS132208

IB-11444



MOISTURIZING MIST  
FACIAL SAUNA  
SYSTEM

**Instruction  
Booklet**

Model MDF3

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